



Newsletter

May

2024

*I Love You Mom-
Mother's Day Poem*

*"The days play back like movie reels
and memories flood like dreams,
of how you've lived and how you've loved
to show what mothering means.*

*Giving without hesitation
and loving without strings,
you taught me kindness matters,
and magic's in everything.*

*Your strength of heart is beautiful,
your grace, no words define,
it is said being a mom is a gift,
but the privilege was always mine."*

-L McNamara

Announcements

SPRING CLEANING: Spring is here!!!! And the time has come to refresh and renew our beautiful yards and homes!! The weeds will be popping out saying (“Hello”), everything will start to bloom and awaken from the winter chill. So, call your yard man/woman, and get the job started. **If not, the Trails West crew will be there soon and there will be charges due from YOU!!** Also now is the time to think about; if you want to repaint your house. Spring is the perfect time of the year for that too. But remember that all house colors must be approved through the office. **We have listed our workers phone numbers in the newsletter under landscapes & work orders should you need to call them and have your yard work done after hours.**

FYI - Reminder!!! The seasons are changing and the clubhouses are sometimes on the chilly side when we're not moving around. So don't forget to bring a sweater or jacket when coming to play cards, games, art classes, etc.

Trails West has started a private resident Facebook group for pertinent information about the gates, water outages, and other issues that may pop up in the Trails West Community. Please become a member to stay current with the latest information. Trails West NM Resident Information

ATTENTION: When you are done drinking coffee or the coffee pot is empty, turn off the burner, please. **DO NOT TURN OFF OR UNPLUG THE COFFEE MACHINE.** When you are taking the last bag of popcorn, turn the machine off. Put your trash in a trash can which are conveniently located in all rooms and outside as well. Thank you, management

GPS & Google Maps: When you have visitors coming to your house that is using Google Maps/GPS: have them enter Trails West Address which is 1450 Avenida de Mesilla, this will lead them to the front gate on Avenida de Mesilla; once inside the community then have them enter your address. If you give them your address Google maps tries to find the fastest route, this is leading visitors to the back gate, which without a car tag they will not have access. We have tried to contact Google maps to get this corrected, but we have had no luck.

Coming Attractions

WELCOME COFFEE: All residents of Trails West are welcomed and encouraged to come to welcome our newest residents to our beautiful park. We all can enjoy coffee and meeting our newest members. For information, please contact Corky @ 575-647-2225. Thank you from the Welcome Coffee committee

MUSICAL JAM SESSION: 1st and 3rd Sundays - The Main Clubhouse. Do you enjoy old time music? Pop hits? Country? Gospel? Do you play a string instrument or sing? Or just like to listen? Please come join the jam circle of the "Cactus Pickin Jammers" The Jammers are a small informal group of music enthusiasts who love to share songs, sing, and play an assortment of acoustic instruments in a traditional small jam circle setting. (no fees or dues) Guitars, Mandolins, Fiddles, Dobros, Banjos, Bass, Ukuleles, Mountain Dulcimers, Recorders, Hand Drums, Vocalists, and Listeners are all welcome! For more information call: Susan at 575-590-3224

Girls Night Out: Join us for Girls Night Out. We have fun, laugh, meet new residents, and just enjoy ourselves (the good food is a plus.) For Thursday, May 2nd, 2024 we will be dining at Amador Patio bar & Grill, located at 302 S. Main Street, Suite B. Dinner is at 5PM. Please sign up if you plan on attending so I can make the correct reservation. If you need a ride or have room to take another passenger, please note that on the sign - up sheet and call a person who has noted they have room or need a ride. For questions, or restaurant suggestions, please call Kris Maier 575-323-3624 (H- no text) or 303-908-4876 (cell - text).

Karaoke News! – Oh Boy!! How we love watching folks win money. \$20.00 cash prize was won by our Beloved Mary with her fabulous voice. Please continue to bring your talents to Karaoke, jokes, short stories, instruments, dance, voice, we welcome you for all to enjoy. Join us on Saturday, May 11 at 6:00 pm. Come on down and win a cash prize and be entertained. Toni Marie and Team.

LINE DANCING: Let's try a fun activity at the Main Clubhouse as we learn new dances that don't require a partner, get some exercise, meet new people and have fun. Both men and women are encouraged to attend! Instruction will be led by Denise McElroy, an experienced instructor in all levels of line dancing from basic to advanced who has been teaching at Senior Amigos for years, but is closing at the end of April. Times will be Tuesday's and Thursday's from 1:00 pm to 2:00 pm, except we will have class on Monday May 6th, because room was already reserved. No experience necessary! Fee for residents is \$10.00 each calendar month, whether you attend one lesson or all offered that month - it could be 9. Non-residents are welcome for \$20.00 for the month, so invite your friends. If you have questions, please call or text Dee Deerman at 915-526-0383.

Enhanced Fitness (Exercise Class): Hello everyone my name is Lisa Gonzales and I will be starting a fitness program here at Trails West on May 21 and they will be held Tuesdays, Wednesdays and Thursday mornings from 8am-9am. I will be having 2 separate meetings for those of you that are interested in participating in the classes the first one being Monday May 6th at 10am and Wednesday May 8th at 10am to explain the program and give you required paperwork that needs to be completed by yourself and your doctor. EnhanceFitness is an evidence based program and progress is tracked by EnhanceFitness out of Seattle. I can't wait to see old and new faces. Lisa A. Gonzales Senior Fitness Instructor 575-649-7056 or 575-339-3546

A Matter of Balance Classes: Do you have concerns about falling? The course is a total of 16 hours. Classes are held twice a week for 4 weeks, 2 hours each. Classes here in Trails West will start Monday, June 3 from 1:00 – 3:00pm and every Monday and Thursday from 1:00 – 3:00pm ending on Thursday June 27, 2024. Sign-up sheet is on the bulletin board in the main clubhouse.

The HUB Community Bike Shop: They are offering their services to the community, because they understand how hard it is to get your bikes to them so they are coming to us. They will be here in Trails West on May 22nd from 8:00 to 11:00 am in the cul-de-sac behind the main clubhouse. To have them look over your bike is free, but if any repairs are needed there will be a charge. So, bring your bikes and get them ready for the spring and summer.

Pot Luck: Wow! I couldn't have been more wrong. The snowbirds had once again "flown north" and the April pot luck fell on a Saturday. Most surely attendance would be low – probably very low. Wrong! Not only did we setup additional tables and chairs to accommodate those that forget to sign up, we made a last minute scramble to setup an addition table and chairs as attendance exceeded all expectations. Truly the secret is out – pot luck is the place to be for Trails Westians – even on a Saturday night. = = Next month's pot luck is on Monday, May 20th. The line forms promptly at 5:30 PM. Please arrive by 10 to 15 after 5:00 and stake your claim on a seat and a serving of dessert. = = As a reminder, serving utensils are provided, however, attendees are responsible for supplying their table service – you know, fork and plate. Also, if you bring your own serving utensils, please don't forget to claim them before they get lost in the shuffle. = = As always, I am open to all comments and suggestions. – Michael Tannehill (937.508.3754)

Classes:

Awaken Your Inner Art Girl – Art Class for Women "Art Class for Women" meets every Tuesday, 10:00 a.m. – 12:00 p.m., in the Clubhouse. Come join the fun using watercolors, markers, and a variety of pens for lettering, art journaling, cards, bookmarks, and envelopes. Call Gail Lieurance, 575-649-0606, for more information and to register. Thank You, Gail

Outdoor Water Aerobics: Beginning April 1, the 10:00 am water aerobics classes at the indoor pool will resume in the outdoor pool at 10:00 am depending on the weather. If you have any questions please contact Karen Richardson @ 575-405-7875

Chair Yoga at Trails West in Las Cruces – ONE YEAR ANNIVERSARY! The Chair Yoga classes started 12 months ago and are still going on. Strengthen your body and your balance. A body in motion stays in motion. In Chair Yoga classes, we work on fall preventions, balance, strengthening our body and relaxing our mind. Please come and test it out. The first class is free. After the first class, a donation is recommended of \$50 for the month at \$10 per single class. Classes will continue in May 2024. Questions? Call or text Monika: 575-430-4750 Trails West contact is Vera McGregor at 575-654-4346

Beading Group: Come join us at the North Clubhouse conference room from 1-6 pm on the second and fourth Sunday each month. We are a group of beading buddies and friends who mostly met at the now closed N'Joy bead shop here in town. We are a diverse group working on many facets of making beaded jewelry including stringing, bead weaving, kumihimo, bead crochet, wire work, peyote (making jewelry and beaded tapestries), beading on a beading loom, etc. some of our group enjoy bringing and working on other craft projects such as counted cross stitch and needlepoint. Some come to socialize. Please feel free to come join us to see what we are all working on and bring your own project to work on. While we are not scheduling classes for specific projects or types of beading there is usual someone attending who can help you get started on a specific type of beading project. Our N'Joy beaders are from here in town, El Paso and Alamogordo. As a group we also meet at the Munson Senior Center on Mesquite from 9-12 on Thursdays. Many of us stay to enjoy lunch together at the Munson Center. For Information, please call Jean Goldsmith @ 915-345-5252

Red Hot Stitchers: is a group that meets in Las Cruces and El Paso on alternate months on the 3rd Saturday of the month. Our main focus is on hand embroidery of all types including but not limited to needlepoint, cross stitch, crewel, colcha, etc. We will get together to stitch and socialize at the Trails West north clubhouse on the 3rd Saturday of the odd numbered months from 10:00 am to 5:00 pm We also get together in El Paso on the 3rd Saturday of the even numbered months. The Trails West get together dates are as follows: 5/18/24, 7/20/24, 9/21/24 and 11/16/24. All Trails West residents and their friends are welcome to come join us to stitch and socialize. If you are a knitter, crocheter, beader or enjoy any other kind of craft you are welcome to bring your project and join us to socialize and perhaps be inspired to try something new. You are welcome to come and go as your needs dictate or you wish. Please text Jean Goldsmith at 915-345-5252 with any questions you may have.

Meetings & Groups:

T.O.P.S.: Take Off Pounds Sensibly (TOPS) meets at Trails West clubhouse every Thursday morning. Weigh in is 10:00 am. Our meeting starts at 10:30 am and usually lasts an hour. Your first meeting is free. If you have any questions, contact Stephen P. Vanderbeck at (575) 524-3087.

Sew Friends: Wednesdays 10am to 3:30pm. All are welcome to join. We are a group of persons who enjoy making quilts. We welcome anyone who likes to sew either by machine or by hand. If you are not a quilter but want to sew with us, please come join us. The more the merrier. Johnette Franke is the hostess for the group. BJ Alford is the contact person for information and can be reached at 575-343-2036 or smojo413@comcast.net

CERAMICS, CRAFTS AND COFFEE: 9:00 am to 11:00pm Friday morning. Please join us for ceramics, crafting, coffee and good conversation. Bring anything you are working on, sewing, knitting, crocheting, ceramics, jewelry, or whatever you like doing. The only rule we have is, have a good time. Hope to see you on Friday mornings, if you have any questions give me a call. Claudia 708-284-1448

Fun & Games:

**NO FOOD OR DRINKS IN THE BILLIARDS ROOM, GAME ROOM, OR LIBRARY!!
WATER ONLY!!!**

Billiards Room: Please do not place the cue chalk on the pool tables, please leave on the shelf.

May Bingo – We had some amazing turnouts and even more amazing pots of money to give away in April. We had one lucky winner walk away with a pot worth \$50, woo-hoo! Wouldn't it be great to keep this energy going?? Any one of you could be next. Invite your friends and neighbors to join us when we meet again on May 12 (Happy Mother's Day) and 26th. Hope to see you all there!! As a reminder, Bingo is held the 2nd and 4th Sunday of every month, so mark your calendar. Also, don't forget to purchase those extra cards for the special games and grow those pots!! You could be the next big winner!! Bingo is open to Trails West residents and their guests. If a TW resident brings one or more new players to Bingo for the first time, both the resident and the guest will get one free Early Bird/Blackout card. Anyone having a birthday this month will be gifted TWO free Early Bird/Blackout cards. Bring your own snacks and beverages. When Bingo is over, clean your table and take your trash with you. Thanks for your help! Card sales begin; 2:30, Early bird game; 2:45, Regular games; 3:00. Packs of cards are \$4.00 each or 2 for \$7.00. Individual Early Bird and Blackout Game cards (optional) \$.50 each. Daubers are \$1.50. Please bring small bills so we can divide the jackpots if there are multiple winners. No twenties please! For questions, Charlene can be reached at 267-257-8522 or Sue at 614-206-1170.

Single Deck Pinochle: Wednesdays at 1:00 pm in the game room. For more information, please call Denny Schwartz @ 605-222-7805.

500 Cards: Wednesday at 12:30 pm in the game room. For more information, please call Denny Schwartz @ 605-222-7805.

Double Deck Pinochle: Monday at 12:30 pm in the game room. For more information, please call Denny @ 605-222-7805 or sign up at the office.

Double Deck Pinochle: They are meeting right now on Tuesday and Wednesday at 1:00pm in the game room. For more Information Call Sam Palm at 647-0320.

TRAILS WEST PARTY BRIDGE: Party Bridge is continuing on Thursdays at 1pm- 3pm in the card room. We hope any Trails West folks who have played before will join us! Join us to meet your neighbors who play bridge. For more information, contact Annette McConnell 575-496-6888

MEXICAN TRAIN DOMINOES: Come join us for MEXICAN TRAIN DOMINOES each Saturday at 6:00p.m. in the game room. No experience is necessary. Bring a quarter and 13 dimes to join the fun. Call Kathy Loerwald at 575-636-2518 for questions about the game. Hope to see you there!

Hand and Foot: Game starts at 1:00pm on Mondays and 5:00 pm on Wednesdays in the game room. Any questions call Peggy Rountree at 505-610-0207

Hand and Foot: Every Friday night at 6:00pm in the game room. Any questions call Fran Jenny @ 320-761-5833

POKER & Texas Hold-em: Friday night dealer's choice poker 5:30 pm. We are also bringing back Tuesday night Texas Hold-em and Omaha Poker, which requires a \$5.00 buy in with NO re-buys at 5:30pm. Questions please contact Jeff Strait

LET'S PLAY BUNCO: Let's play Bunco at the main Club House scheduled the 1st three Mondays of each month. We have had such a good turnout we recently changed our meeting times from twice a month to three times a month. This is a super fun dice game that is easy to learn. If you bring \$5 and can throw dice, you are in. Money goes toward cash prizes at the end of each evening. Come join in the fun and LET THE GOOD TIMES ROLL. For information, call Vera McGregor at 575-654-4346

BOCCE BALL TIME CHANGE: As of April 1st, the Bocce Club will begin it's Summer Schedule starting at 9:00 am Monday through Friday - weather permitting. We are located behind the pickle ball court and everyone is welcome to play. There is no sign up. You can show up whenever it is convenient for you. For those unfamiliar with the game, it is not physically demanding, and is easy on the hips and knees. We have several with disabilities and even an amputee who play regularly. It's a very social activity and even provides a little exercise. If you're interested, you can stop by any weekday to learn more about us. We would be happy to explain the game to you, whether you decide to play or not. The Trails West Bocce Club. If you need information call: Dave Maxwell @ 575-382-0555

Las Cruces Community Resources:

SAFE HAVEN ANIMAL SANCTUARY: I collect cans for the sanctuary and thank those residents who leave them with me. If you wish to donate cans for the shelter, please empty and rinse them and tie the bag shut. This stops the bugs from getting into them. There is a collection area by the back door, you can just leave them there. There are signs on the front of the house to direct you. Please do NOT leave them in the golf cart, it makes a mess. The Shelter is having to turn away pets because they are full up so give them a ring at 575-805-5338 if you would like to adopt a furry friend or be a foster parent. All help is greatly appreciated and the Thrift Store (Opposite Sutherlands) gets a lot of very nice donations. Stop in and check them out. Margaret Butterworth, 103 Happy Trails South.

Animal Service Center of Mesilla Valley: Is in need of Medicine Bottles. I will collect them; Until someone else is willing to collect and take the bottles to the Animal Service Center of Mesilla Valley, you can drop the bottles WITH LIDS ON off at 294 Day Dreamer Drive. Dee Deerman will put a box for the med bottles next to the boxes for glass. Do your best to remove the labels. Old towels and blankets are also needed at the shelter and you can put them in a plastic or paper bag and leave them as well. Thank you, Dee Deerman.

Flags, Flags, and disposal of unserviceable flags... Do you have any unserviceable flags?? American, state or other? I am in contact with a Boy Scout leader that teaches the proper care of a flag and how to properly dispose of unserviceable flags. I would be glad to take any flags and give them to their troop. I'll be glad to stop by and pick them up. Share this message with friends and neighbors. Thanks. Carol Gaines, Marine. 575-524-4203 or 575-571-3670, also text. Or drop off at #042 Happy Trails Drive.



<https://www.pragmaticmom.com/2015/05/happy-mothers-day-humor/>

TRAILS WEST POOL/SPA RULES & INSTRUCTIONS

Outdoor Pool Hours- 9am to 9:45pm daily except Thursday morning – pool area opens at 12 (Noon)

ATTENTION: There is NO smoking in the pool and/or the spa or the gazebo area at any time! For all smokers' convenience, and with thorough thought in place, the stand up ashtrays have been moved to the "Party Pavilion" where there is shade and a breeze and tables and chairs! Please utilize this area when you wish to be in the wonderful pool/spa area and are going to be smoking. Your cooperation is greatly appreciated. Thank you, Trails West management

Emergency shut-off in pool area: When anyone hears the alarm going off in the pool/spa area it is very important that the shut-off button is used immediately. The reason you want to use the button is because this shuts down the pumps that circulate the water into and out of the pool/spa. The reason behind the alarm is in case someone or something is stuck to one of the drains. **The shut off button has been relocated and is now on the end of the building near the pool.**

IT IS THE RED BUTTON.

Please be sure to use it if necessary. You could be saving a life! As mentioned above, it shuts the entire system down. If you press it – just to press it, you shut the pool down, heater, pump and all! Only use this switch in case of an emergency.

POOL RULES: It's that time of year again for the friendly reminder on the pool rules. Should you have visitors, please remember that you need to be with them at all times. If you have anyone under the age of 18, you may only use the pool during the hours of **11:am to 1:pm and from 4:pm to 6:pm. NO DIAPERED BABIES OR UN-TOILET TRAINED CHILDREN ARE ALLOWED TO USE THE POOL. SWIM DIAPERS ARE NOT ALLOWED.** Should you have small children that are diapered or not toilet trained, you could bring a small plastic pool and fill up on the grassy area for them to play in and still be part of the action!! No one under the age of 18 is allowed to be in the spa. Please be respectful of all your neighbors. The pool area is wonderful and used heavily. Please follow the rules. Ruben checks the chemicals a minimum of twice a day and keeps the chemicals balanced so the pool will be open. Rain, debris, body oils keep the filters working overtime. It is important to shower before entering the pool. Sun block, body oils, lotions lessen the effectiveness of the circulation in the pool.

The temperature of the pool is set to be an average mean of 84 degrees to 86 degrees which is for the majority of the people. It cannot be manipulated for individual usage.

NO PETS ALLOWED IN THE POOL AREA!!!

CLUBHOUSE NORTH INFORMATION:

Building is open from 6AM to 7PM.

Please check in with staff.

BOTTLED WATER ONLY IN POOL AREA, GYM & CONFERENCE ROOM

Indoor Pool at Clubhouse North:

The indoor pool is open 9:00 am Daily – Residents Only!!

Water Aerobics: Monday, Wednesday, and Friday at 9:45 to 10:30 am at the pool in Clubhouse North. For information call MaryKay Brady at 575-546-1931.

Water Aerobics Class: Tuesdays, Thursdays and Saturdays at 9:00 am to 10:00 am. Questions call Debby Tennison at 575-652-2155.

Water Aerobics: Monday, Wednesday, and Fridays at 4:30 pm at the indoor pool. For information call Clare Scheffer @ 425-238-1279

- **Only 10 people in Water aerobics classes at one time.**

GYM: The hours are 6AM to 7PM – ALL EXERCISE EQUIPMENT MUST BE IN THE STATIONARY POSITION WHEN YOU LEAVE THE EXERCISE ROOM AND WIPED DOWN... This is dangerous for our residents and staff.

GUEST FEES: Remember/ ALL GUESTS MUST PAY the cost of using the gym which is \$5.00 per person each visit. Residents must accompany their guest, NO EXCEPTIONS!

CLUBHOUSE NORTH HOURS: 6AM – 7PM – Daily

Gym – 6:00 AM – 7:00 PM

Indoor pool – 9:00 AM – 7:00 PM

Laundry Room: 24/7

You cannot use the indoor pool until staff is on duty...



Community Garden

Guidelines for the Community Garden:

- 1. NO PETS ALLOWED IN GARDEN AREA**
- 2. SITES MUST BE MONITERED DAILY, KEPT FREE OF WEEDS, MANICURED TO STAY WITHIN YOUR NUMBERED SITE.**
- 3. WHATEVER YOU BRING EACH DAY TO WORK ON YOUR SITE, NEEDS TO BE TAKEN HOME EACH DAY.**
- 4. NO CHICKEN WIRE/CLEAR NETTING IS ALLOWED.**
- 5. EVERYONE IS RESPONSIBLE FOR THEIR OWN SITES. PLEASE USE THE BUDDY SYSTEM IF YOU ARE UNABLE TO BE THERE DAILY.**
- 6. PLEASE BE AWARE SHOULD YOU BE USING ANY FERTILIZERS OR PESTISIDES, SPRAYS, ETC. TO NOT ALLOW THEM OUT OF YOUR SITE.**
- 7.NO SMOKING.**
- 8.NO SPLITERS OR TIMERS ALLOWED.**
- 9. Please make sure that you are planting in your designated site, if you don't remember your site number call the office before planting.**
- 10. Please only water your garden plot, unless you have permission.**

EVERYONE MAY ENJOY THE BEAUTY OF THE GARDEN!!! PLEASE DO NOT TOUCH, OR TAKE ANYTHING GROWING WITHOUT PERMISSION OF THE GARDENER!!!

PLEASE DO NOT LEAVE THE HOSES RUNNING TO YOUR GARDEN PLOT! THE GARDEN AREA HAS BEEN FLOODED NUMEROUS TIMES. THIS IS A WASTE OF WATER, AND IT'S RUINING OTHER PEOPLES PLOTS.



May Birthdays

Nancy Binneweg	5/1	Andrea Smith	5/10
Julie Cunningham	5/1	Belinda Laughlin	5/10
Bob Pawlik	5/1	Debbie Rounds	5/11
Eva Dysart	5/1	Randi Meyer	5/11
Jerry Anderson	5/2	Claudia McGurty	5/12
Dawn Laird	5/2	Julie Smith	5/12
Betsy Dunivan	5/3	Max Maxwell	5/13
Louella Bogard	5/3	Bob Cutler	5/15
Tom Hester	5/5	Armida Cruz	5/15
Ron Kasparek	5/5	Dora Zarate	5/15
Terry Putnam	5/6	Glen Moore	5/18
Dianna Olson	5/6	Matt Herbster	5/19
Rae Hoff	5/7	Bruce Helvie	5/20
Diane Roth	5/7	Bette Wolle	5/21
Betty Sue Neal	5/7	Bruce Wilson	5/21
Robert Severance	5/8	Mikki Allbright	5/28
Mikki Shive	5/8	Sonya Perry	5/29
Linda Wolfe	5/9	David Blanding	5/29
Barbara Swanstrom	5/10	Bill James	5/31



WELCOME NEWCOMERS TO TRAILS WEST!!

Roberto Garcia 101 Happy Trails South
Pat & Elaine Hayes 440 Easy Living Drive
Debbie Thompson 388 No Problem Drive

They have moved:

Kenneth Blanding, Dave Blanding & Joe Meesey 113 Happy Trails South

TRAILS WEST RESIDENTS

ATTENTION: 911 EMERGENCY MAY ALWAYS BE CALLED FROM THE PAYPHONE IN THE CLUBHOUSE.

RESIDENTS GOING AWAY FOR THE DAY, PLEASE DON'T PARK BY THE ENTRANCE OF THE CLUBHOUSE!! THERE IS PLENTY OF PARKING AROUND THE CLUBHOUSE WITHOUT BEING AT THE DOORWAYS.

TRAVELING FORMS: It's highly recommended by the Trails West Management that you turn in a "Traveling Form" when you will be out of town. The forms are at the end of the counter in the clubhouse at all times and you will also find mail hold cards should you need them!

If you have solicitors' knocking on your door, please call the Office @ 575-524-9226 during office hours or Ruben @ 575-639-3566, or Ruben Jr. 575-639-3569 so they can be escorted off the property.

Library: When you return books, donate books, or are just looking and it is difficult to reshelve, please place books in the basket by the fireplace.

Resident Phone Calls: During the COVID pandemic we have implemented an old tradition of calling our folks in the park to make sure all is well. It is important that you call us back to let us know that you are doing OK. Also, it is your choice if you want us to continue to call. If you don't, just let us know when we call you and we will take you off the call list. Thank you, Management

The Flags! The Flags! Where are you from? It's time to put up your flag from where you hail! We have new flags, and new pens to put your number on them with! Where were you born? Where did you go to school? Where did you raise your family? Or maybe, where did you come from before joining Trails West? Let's fill up the map once again with who and where!! Come into the office and get a new flag for the map!

Happy Mother's Day!



OUTSIDE VISITORS AND CHILDREN VISITING: Trails West guidelines state: Guest staying 72 hours or longer must be registered at the management office to obtain guest identification, and guests can bring their pets, but they must follow the same rules as residents. Also, management has noticed that some children are not being accompanied by the resident, and have been playing on golf carts and bikes. PLEASE, DON'T ALLOW THIS; THIS IS AN ACCIDENT WAITING TO HAPPEN... All visitors MUST be accompanied by the resident that they are here to visit while in the community. Questions? Please come to the Trails West Office. Management

RESERVATIONS:

Be advised the only room that can be reserved in the main Clubhouse is the ballroom, and in Clubhouse North is the conference room. But all reservations are made at the main clubhouse.

PLEASE REMEMBER ANY TIME YOU ARE GOING TO HOSTING A FUNCTION IN THE MAIN ROOM OF THE CLUBHOUSE THAT INCLUDES PEOPLE COMING FROM OUTSIDE TRAILS WEST COMMUNITY, YOU MUST HAVE A "WATCHER" IN PLACE TO MAKE SURE FOLKS ARE GOING TO THE MAIN ROOM AND NOT OTHER ROOMS. SHOULD YOU NOT HAVE A "WATCHER" IN PLACE DURING YOUR FUNCTION; THE HOST(S) FOR THE EVENT WILL BE HELD RESPONSIBLE FOR ANY DAMAGE OR THEFT DONE IN OTHER ROOMS. Management

ATTENTION: EACH AND EVERY GROUP MUST CLEAN UP AFTER THEMSELVES! ONCE THE ROOM IS BACK IN ORDER, BE SURE TO TAKE OUT THE GARBAGE. THAT IS THE LAST CLEANUP ITEM EACH GROUP NEEDS TO DO BEFORE THE NEXT PEOPLE COME IN.. IT'S ALL ABOUT SANITATION!!

PERMISSION NEEDED:

Please be advised and share with your neighbors – ANY changes to the outside of your home, including additional plantings or removal MUST be approved by Ruben and Leigh with input from the owners of Trails West. You must have a written approval for the changes you wish to make. Please bring in your changes in writing for approval. This is due to folks taking upon themselves to make changes that have not been approved. The owners of Trails West want all residents to know that they are not trying to be restrictive though Trails West was created with an open concept.

SAFETY:

HOW ABOUT A BUDDY SYSTEM? Please think about your neighbors, especially those that are alone! Figure out a buddy system to let each other know that all is ok each day!!! It could be as simple as a light on or off. In Trails West there isn't anyone who isn't a neighbor!!

EMERGENCY CONTACT FORMS: Once again, we need to make sure that every resident has filled out the emergency contact form. Please come by the office and update your information or pick one up. It is very important that we have these on file. Thank you

LET'S BE SAFE!! Should someone fall, you should always call 911. Someone may say they don't need 911 though the only ones who can say that IS 911!! So, you will find that management of Trails West as well as the Trails West crew will always call 911. Neighbors should do the same as the 911 crew are the only ones who can say whether you need to go to the hospital, doctor or just go home and rest!!! Management

Safety at night!! More the three-quarters of pedestrian fatalities happen after dark compared with less than a quarter during the day light, dusk and dawn. When crossing the street only use designated crosswalks, which often has better lighting to make you more visible to drivers. Here in Trails West we ask that if you walking at night, please carry a flashlight, reflective tape on your clothing, dog leashes, etc. Safety is our #1 concern and priority.. Thank you.

TRAILS WEST ACTIVITY FUND

<u>Date</u>	<u>Transaction</u>	<u>Deposits</u>	<u>Withdrawal</u>	<u>Balance</u>
1/1/2024	Beginning Balance			\$2,542.96
1/5/2024	TOPS - Donation	\$75.00		\$2,617.96
2/9/2024	Charlene Tetkowski- bingo cards		\$206.64	\$2,411.32
3/11/2024	Art Girls Donation	\$100.00		\$2,511.32
3/19/2024	56 lbs. cans (45¢/lb)	\$25.20		\$2,536.52

The current Activity Fund Board members are: Chairperson Linda Parshall, Chuck Arater, Dennis Winkel, John Lacy, Charlene Tetkowski, and Fund Manager Dee Deerman. You can pick up a "Request for Funds" form from any board member or pick one up at the main clubhouse. Dee is now collecting the **rinsed-out aluminum cans** - they can be dropped off on her front porch (294 Day Dreamer) or put in the totes behind left recycling bin.

Public Services:

U.S. MAIL SERVICE: DO NOT INTERFERE WITH THE POSTAL EMPLOYEES WHEN THEY ARE BOXING THE MAIL. IF YOU DON'T HEED THE WARNINGS AND HAVE FUTURE VIOLATIONS – IT COULD RESULT IN HAVING YOU TO GET A POST OFFICE BOX ELSEWHERE. If you are ready to pick up your mail and the mail person has not finished, please DO NOT PARK ON THE STREET OR NEAR THE P.O. BOXES!!!. Any other questions or concerns please contact the office.

ATTENTION: We have limited parcel lockers and need you to check your mail daily, if you are expecting packages from Amazon, etc.

PLEASE MAKE SURE YOU DON'T PUT YOUR MAIL IN THE RENTAL DROP BOX, the drop box is not checked daily, so putting your mail in it can delay your mail by days. Thank you, Management.

It is illegal to post or affix ANYTHING to the US postal boxes. It is also not allowed to affix letters, notes, fliers, etc. to the benches throughout the community. There are bulletin boards at the main clubhouse. (one for community information and one for Las Cruces information), please post there. We also have the Trivia for any information that is regarding upcoming activities in the community. The cut off for the Trivia is the 22nd of the month prior. We also have the public and private Facebook page/group to post information.

DIRTY WATER: Las Cruces Utilities provides the water, wastewater and solid waste removal to Trails West. So, when you experience dirty water coming into your home, you need to inform the City of Las Cruces right away while running your water in the home until clear. The City of Las Cruces needs to hear directly from the person(s) being affected. Not every home at the same time gets this problem. This helps the City of Las Cruces to locate where an issue needs to be addressed. Trails West is on the City of Las Cruces water system and dirty water can stem from anywhere in the City of Las Cruces which might have a break in their lines. Once they repair a line, when they re-attach the lines friction from the water breaks loose minerals that have built up and pushes them down the line. Please call the City of Las Cruces any time you have dirty water problem at (575) 526-0500. Trails West may pay for your water though the City of Las Cruces is the source of water and they don't know there is an issue, they cannot help to correct the problem. The City of Las Cruces does not want to hear from Trails West, they NEED to hear from the affected party. PLEASE NOTE: Water leaks are not a city emergency that is a Trails West issue. So, call the office for a work order or after hours call Ruben at (575)639-3566. Management

WILDLIFE AND FERAL CATS phone #'s:

Feral Cats - DAC- Animal Control # 575-528-4100 or 575-526-0795

Injured or Dead foxes - NM Game and Fish # 575-532-2100,

Skunks - USDA Wildlife Service's # 575-527-6980.



Please do not feed the stray/feral cats and wildlife!!

Foxes in the community: The foxes are an asset to have in our community; they help to control the number of “varmints” throughout the park. While many people think that live-trapping animals and taking them somewhere else, where they will live happily ever after is an ideal solution for all involved, this isn’t actually what happens. More than 70% of relocated foxes die soon after relocation due to stress, starvation, and dehydration. If you are having fox problems, please call the office. Please note; we do not want to relocate them, as they are a true asset. Also please be aware that if you are poisoning mice and rats, the foxes are eating them, which in turn causes the foxes to be poisoned and die too. Thank you, Staff

RECYCLE BINS (Blue Containers): Trails West provides containers behind the North Clubhouse for residents to recycle appropriate items. Please break down all boxes (including beer, shoe, & small delivery boxes). Although well intended, putting magazines, other broken-down boxes, etc. inside a larger box and putting it in recycling actually takes more room – especially if it lands sitting upright. The nest items thrown in often create empty spaces because things can’t lay flat – they are tilted against the box sitting upright. Do your best to throw large plastic items like pots for plants, broken laundry baskets, and trash containers so they are sitting upright toward the back of the bin – other recycling items fall into them, thus saving space. We are a growing community and the bins fill up quickly.

SCWA (South Central Solid Waste Authority) collects our recycling materials. Due to shortage of employees, rising cost of wages and fuel, some changes had to be made – most significantly is having 1 truck dumping both bins. They ask that we continue to separate what goes into our large bins.

LEFT BIN: PAPER: Newspaper, magazines, brown paper bags, opened junk mail.

NO SHREDDED PAPER – EVEN IF IT IS BAGGED. Throw it in the trash can.

Plastic # 2-7: Clean, plastic containers – those not washed are thrown away.

NO PLASTIC BAGS – please put empty bags in the small labeled bin.

Chipboard: Cereal, tissue, beer boxes, etc. – please break these down, too.

Metal/Steel Cans (Clean): - Soup, vegetable, cat food, etc.

Aluminum Cans (rinsed out): Please put them in the new bin – proceeds from these being recycled goes into TW Activity Fund.

RIGHT BIN: Please continue to use this for **broken down, corrugated cardboard boxes.**

This includes shipping and packing boxes. NO PIZZA BOXES.

THINGS THAT DON'T BELONG IN RECYCLE BINS ARE: Glass, Styrofoam, plastic grocery bags, HOUSEHOLD TRASH, clothing, yard waste, batteries, appliances.

Clean glass can be left at 294 Day Dreamer in boxes at foot of landing.

Pets & Dog Parks:

ATTENTION PET OWNERS: It is very important that the office has pictures and vaccine records for your pets. Please contact the office to make sure that these documents are on file. If you just want to update pet pictures, please email them to Leigh at trailswest@totacc.com or bring 2 copies of pictures to the office.

PETS: There is the common area with grass and pooper scoopers available by the front entrance and pet stations in place! Do not allow your pet to use other residents' yards. Residents who are having a problem with others letting their pets use their yard for a bathroom, Ruben recommends using Animal Repellant around the perimeter of the yard. This product helps to tell the pet this is not a bathroom and will not hurt the pet either. The animal repellant encourages pets to go elsewhere to do their business. All pets must be leashed and may not be left unattended outside. Please remember that pets are NOT allowed in the fenced area around the pool, or around the Bocce Ball, Pickle Ball courts, or the community garden.. Please do NOT walk your pets in these areas!! Management

Dog Parks at Clubhouse North: If your dog is a digger, then YOU the owner of your pet MUST bury the holes, this is a safety hazard for everyone using the dog parks. Also, excessive barking while at the dog park is a problem, we get the first hellos, but if your dog continues to bark, they need to be corrected or taken home.

Kindness & Courteously:

Here in Trails West, we need to be courteous to each other, we have had some complaints about people running into the neighbors' carports and landscaping. All we ask is that if you do damage to your neighbor's property to let that person know what happened, also when it is windy, please tie up your wind chimes. Thank you!

Please do NOT be complacent. We are a gated community however, there are still numerous strangers working and driving through our community. It is a good idea to keep everything under lock and key. We have a beautiful community and this could make us a target for thieves.

Traffic & Gates:

THE SPEED LIMIT IS: THE SPEED LIMIT IN TRAILS WEST IS 15 MPH!

Please observe the posted speed limit and advise your visitors and workers.

DO NOT ATTEMPT TO PASS VEHICLES AT THE GATE HOUSE, HAVE PATIENCE!!!

The greeters are doing their best to keep us safe, keep traffic moving, give out information quickly, and be aware of the people who are entering our community. Residents, please make sure you have a window sticker, PLEASE don't just drive through...

PARKING: Remember on-street parking is not allowed at night! Do not leave your vehicle on the street overnight. If you have company and need more room to park, you're welcome to park at the clubhouse for a short time period. REMINDER- RV'S are allowed to park by your house to load and unload during day light hours. NO driveway may be blocked at any time. Overnight parking of travel trailers, motor homes, trucks, commercial vehicles may be permitted to park at the clubhouse with prior management approval not to exceed two (2) nights, with a parking pass.

Bike Riders: Please remember that bikes have to obey the same laws as a vehicle. Stop at stop signs, watch where you're going. Safety First!!!

Bikers and Walkers: When you are riding your bike behind a walker, please move to the other side of the street, or ring your bike bell to let them know that you are behind them. We need to be courteous to our residents that can't hear you coming up behind them. It can be quite startling for them. Thank you!! 3-Wheel bikes need to stop going in between the speed bumps! This causes the back wheels on the bike to be unlevel, and folks have dumped the bikes and themselves in the middle of the street. So please either go over the speed bump, or try to avoid the speed bumps via the sidewalk.

GATES: Any gate issues need to be reported ASAP! Issues being: gate tag not working, wrong listing at the gate key pad, right listing at the gate key pad but not ringing your phone, etc. When you report an issue; we must have date, time, which gate, what the issue was! We have been given a time frame to report such issues to security, Monday – Thursday 2:00 pm cut off, Friday 12:00(noon) cut off. If not reported in by said times, the issue will remain until the following morning during the week, and Monday morning for Friday afternoons and weekend issues.

GATE INSTRUCTIONS:

- Add to your contacts list on YOUR phone, this phone number 505-990-0740 and name it TW Gate
- Tell visitors to call you from the call box at gate
- Answer your phone and verify who is calling
- Press 9 on your phone, and the gate will open

HELPFUL TIPS:

1) Do not place over the door hooks, shoe racks, mirrors, and organizers on your interior doors, sometimes this causes the door to be hard to open and we can get locked in.
2) While you are away on vacation, it is a good idea to have the water shut off to your house. Please call or come to the office to put in a work order. Then just call us before you get home and we can have the water back on by the time you get home. Please be aware Trails West crew is not available on weekends.

OFFICE SERVICES – For Trails West residents: We offer services that may be of use: FAXING – we will send faxes for you, as well as receive faxes for you; the cost is \$1.00 for first 5 pages. Also, we make black and white COPIES - for 10 cents each.
WE DON'T HAVE CHANGE – SO SMALL BILLS PLEASE OR EXACT CHANGE!!!

Main Clubhouse bulletin board – Items for sale: If you are going to post an item for sale, you must post on nothing bigger than a 3X5 index card, it must be a resident, with your phone number and the date posted, once items are sold, please remove your listing. If items are posted on a bigger sheet of paper they will be removed and disposed of. If items have been on the board for longer than 2 months, it will be removed and disposed of.
Thank you, Management

Landscapes & Work Orders:

Outside companies, workers, etc: When you hire someone to work in your yard or in your home, part of what you pay for when you receive the service is disposal. Many residents have reported finding debris from jobs at the dumpsters when it should have been hauled away by the person doing the work. Please make sure anyone you hire hauls away any trash, debris left from the job, out of the park. Also, please keep your sidewalks clean and clear of debris, this is an extension of your landscaping. Also please inform your neighbors that you are having work done, and instruct your workers not to go into other resident's yards. Thank you, Ruben

ATTENTION: Please DO NOT allow anyone to work on the drip lines, except the Trails West Crew. If you have an issue, please call or come to the office to put in a work order. All work orders go on a schedule to be completed. However, if it is an emergency; call the office as soon as possible.

DO NOT BLOW YOUR LEAVES TO THE STREET – IF YOU MUST, PLEASE SWEEP THEM UP AND BAG THEM SO THEY DO NOT BLOW INTO YOUR NEIGHBORS YARD. RUBEN RECOMMENDS BLOWING THEM TO THE BACK OF YOUR HOME AND THEN BAGGING THEM FOR PICKUP ON THURSDAYS. THANK YOU AND YOUR NEIGHBORS THANK YOU AS WELL!!

YARD DEBRIS: Please remember that the Trails West maintenance crew picks up yard debris every Thursday afternoon. They do not pick up regular trash which needs to be disposed into the trash dumpster for regular pickup by the City of Las Cruces.

WORK ORDERS: Please don't stop the Trails West crews for concerns or issues about your yards. All work orders must be turned in at the main office. Clubhouse North staff will not take any work orders and writing work orders in the concerns and comments page is not a work order and will not be taken care of. So, call the main office and have a work order filled out. Thank you!

PLEASE PLACE UNWANTED ITEMS INTO DUMPSTERS, IF THEY DON'T FIT, PLEASE TAKE TO THE DUMP! Located at 2865 W. Amador Ave.

Ruben does NOT conduct business at his home. You have no reason to go to Ruben's home and talk to him about watering issues!! Call the office and have a work order put in place.

Our crew for afterhours yard maintenance:

Juan – 505-484-5705

Christen – 575-270-8156

Jurado – 575-649-5539

Feel free to call any of our workers for your yard work. They will be able to work after regular work hours.



To the best
ball thrower.
poop picker upper
♥ treat giver ♥
- food feeder -
and all round
fantastic pillow!!
HAPPY DOGGY
MUMMY DAY!! 🐾

Tips from Ruben: Many requests have been made for a list of plants, trees and shrubs that do well in Trails West. Following is a list of the plants that have success in the community:

- | | | |
|-------------------|-------------------|------------------|
| Trees: | Red Oak | Live Oak |
| | Chinese Pistachio | Mesquite |
| | Bradford Pear | Flowering Crab |
| | Chinese Tallo | Red Bud |
| | Ash | Palo Verde |
| | Catalpa | Italian Cypress |
| | Pines | Bubba Willow |
| Shrubs: | Indian Hawthorne | Photina |
| | Nandina | Roses |
| | Purple Sage | Green Cloud Sage |
| | Pittisporum | Forsythia |
| | Spirea | Lilac |
| | Pyracantha | Carolina Jasmine |
| | Juniper | |
| Flowering Plants: | Verbena | Cherry Sage |
| | Lantana | Mexican Sage |
| | Bird of Paradise | Barrel Cactus |
| | Red Yuccas | Agave |
| | Ocotillo | Sotol |
| | Soft leaf yucca | |

When you use the outside water spigot, or the hose bib on your home to water your landscaping, wash your car (or RV which is not allowed), clean off your driveway or sidewalk that you are using domestic metered water? What that means is that water is not only charged by the gallon for usage but it is also metered for wastewater charges. Wastewater charges are larger than water charges. These charges have an effect on your annual rent increases. By lowering usage it takes some pressure off these increases. Water expenses are one of the largest single expenses of Trails West monthly. The landscaping is on a meter the city considers water only. No waste water is charged to this meter. It is much cheaper! If you believe there is stressed vegetation within your landscaping, please call the office and a work order will be issued for the Trails West crew to check to make sure it is working properly and that the landscaping at your home is receiving enough water to maintain the beauty!

Weekly Schedule of Events

SUNDAY:

Jam Session – Cactus Picking Jammers	2:00 pm to 4:00 pm 1 st & 3 rd Sundays
BINGO (Card Sales starting at 2:15pm)	2:30 pm 2 nd & 4 th Sundays
Beading Group (Clubhouse North)	1:00 pm to 6:00 pm 2 nd & 4 th Sundays

MONDAY:

Chair Yoga	9:00 am to 9:45 am – Main room
Bocce Ball (Weather permitting)	9:00 am – Bocce court
Water Aerobics	9:45 am to 10:30 am– Indoor pool
Water Aerobics (Weather Permitting)	10:00 am – Outdoor pool
Pool School (Billiards)	1:00 pm – Billiards room
Hand and Foot	1:00 pm – Game room
Water Aerobics	4:30 pm – Indoor pool
BUNCO	6:00 pm – 1 st , 2 nd , & 3 rd , Mondays

TUESDAY:

Enhanced Fitness	8:00 am to 9:00 am - Main room
Water Aerobics	9:00 am – Indoor pool
Bocce Ball (Weather Permitting)	9:00 am – Bocce court
Art Classes	10.00 am to NOON – Main room
Double Deck Pinochle	12:30 pm – Game room
Mah Jongg	1:00 pm – Game room
Double Deck Pinochle	1:00 pm – Game room
Line Dancing	1:00 pm to 2:00 pm - Main room
Texas Hold-em	5:30 pm – Game room

WEDNESDAY:

Enhanced Fitness	8:00 am to 9:00 am - Main room
Chair Yoga	9:00 am – Main room
Bocce Ball (Weather Permitting)	9:00 am – Bocce court
Water Aerobics	9:45 am to 10:30 am– Indoor pool
Sew Friends	10:00 am to 3:00 pm – Main room
Water Aerobics (Weather Permitting)	10:00 am – Outdoor pool
500 Cards	12:30 pm – Game room
Single Deck Pinochle	1:00 pm – Game room
Double Deck Pinochle	1:00 pm – Game room
Water Aerobics	4:30 pm – Indoor pool
Hand and Foot	5:00 pm – Game room

MAIN ROOM REMINDER: ALL groups that use the Main room for their functions, please empty the trash cans and deliver to the dumpster.

Weekly Schedule of Events

THURSDAY:

Enhanced Fitness	8:00 am to 9:00 am – Main room
Water Aerobics	9:00 am – Indoor pool
Bocce Ball (Weather permitting)	9:00 am – Bocce court
TOPS (Taking off Pounds Sensibly)	10.00 am – Main room
Party Bridge	1:00 pm – Main room
Line Dancing	1:00 pm to 2:00 pm - Main room
Bible Study (Clubhouse North)	2:00 pm – 3:30 pm – Conference room
Girls' Night Out	5:00 pm – 1 st Thursday

FRIDAY:

Ceramcis, Crafts, and Coffee	9:00 am to 11:00 am – Main room
Bocce Ball (Weather permitting)	9:00 am – Bocce court
Water Aerobics	9:45 am to 10:30 am– Indoor pool
Water Aerobics (Weather permitting)	10:00 am – Outdoor Pool
Pool School (Billiards)	1:00 pm – Billiards room
Water Aerobics	4:30 pm – Indoor pool
Poker	5:30 pm – Game room
Hand and Foot	6:00 pm – Game room

SATURDAY:

Welcome Coffee	9:00 am 2 nd Saturday – Main room
Water Aerobics	9:00 am – Indoor pool
Reserved	2:30 pm to 6:00 pm – 2 nd Saturday
Karaoke	6:00 pm to 8:30 pm – 2 nd Saturday
Mexican Train Dominoes	6:00 pm – Game room
Snacks & Crafts	6:00 pm to 8:00 pm – Last Saturday

Welcome Coffee is the 2nd Saturday of every month at 9:00 am.

Potluck is on the 20th of every month at 5:30 pm.

Should you wish to reserve the clubhouse, please fill out a “Proposed” reservation for. PLEASE use these two “Permanently Scheduled” pages to check availability. Once you have done that, the office will check for individual reservations in place!

PLEASE NOTE: Sometime the days and times will differ from the permanent schedule – So please refer to the article in the news letter for changes.

MAY 2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2 Line Dancing Classes Start 1:00 – 2:00 pm	3	4 Celebration of Life 1:00 – 4:00pm
5	6 Enhance Fitness Sign-up 10:00 am	7 Reserved 1:30 – 4:00pm	8 Enhance Fitness Sign-up 10:00 am	9	10	11 Welcome Coffee 9:00am
12 Mother's Day	13	14	15	16	17	18
19	20 Potluck 5:30pm	21 Enhanced Fitness Classes Start 8:00 – 9:00am	22 HUB Community Bike Shop 8:00 – 11:00 am	23	24	25
26	27 Memorial Day Offices & Gates Closed	28	29	30		

