



November 2023

# Trails West Newsletter

## Be Thankful

Be thankful that you don't already have everything you desire.

If you did, what would there be to look forward to?

Be thankful when you don't know something,  
for it gives you the opportunity to learn.

Be thankful for the difficult times.

During those times you grow.

Be thankful for your limitations,  
because they give you opportunities for improvement.

Be thankful for each new challenge,  
because it will build your strength and character.

Be thankful for your mistakes.

They will teach you valuable lessons.

Be thankful when you're tired and weary,  
because it means you've made a difference.

It's easy to be thankful for the good things.  
A life of rich fulfillment comes to those who  
are also thankful for the setbacks.

Gratitude can turn a negative into a positive.

Find a way to be thankful for your troubles,  
and they can become your blessings.

– Poet Unknown

# Announcements

The newsletter is now available on the Trails West Facebook page and Trails West website at: [trailswestnm.com](http://trailswestnm.com)

Trails West has started a private resident Facebook group for pertinent information about the gates, water outages, and other issues that may pop up in the Trails West Community. Please become a member to stay current with the latest information.  
**Trails West NM Resident Information**

**ATTENTION:** When you are done drinking coffee or the coffee pot is empty, turn off the burner, please. **DO NOT TURN OFF OR UNPLUG THE COFFEE MACHINE.**  
When you are taking the last bag of popcorn, turn the machine off.  
Put your trash in a trash can which are conveniently located in all rooms and outside as well. Thank you management

Wanted: Turkey & Ham Cookers – If you would be willing to cook a Turkey for the November Pot Luck or a Ham for the December Pot Luck, please text or call me so that I might add you to my very special, super awesome helpers list. As in the past, I will gladly assist in spatchcocking and otherwise prepping the bird for the oven but you will be responsible for cooking, deboning, and plating. I anticipate delivering turkeys to their cookers a couple days prior to the 20th so they might thaw in your frig. Thanks in advance for your assistance with this very important assignment. – Michael Tannehill  
(937.508.3754)



Happy  
Veterans  
Day

The graphic features the words "Happy Veterans Day" in a stylized, cursive font. "Happy" is in blue, "Veterans" is in red, and "Day" is in red. There are several blue stars scattered around the text, some above and some to the right.

# Coming Attractions

**WELCOME COFFEE:** All residents of Trails West are welcomed and encouraged to come to welcome our newest residents to our beautiful park. We all can enjoy coffee and meeting our newest members. For information please contact Corky @ 575-647-2225. Thank you from the Welcome Coffee committee

**MUSICAL JAM SESSION:** 1st and 3rd Sundays - The Main Clubhouse. Do you enjoy old time music? Pop hits? Country? Gospel? Do you play a string instrument or sing? Or just like to listen? Please come join the jam circle of the "Cactus Pickin Jammers" The Jammers are a small informal group of music enthusiasts who love to share songs, sing, and play an assortment of acoustic instruments in a traditional small jam circle setting. (no fees or dues) Guitars, Mandolins, Fiddles, Dobros, Banjos, Bass, Ukuleles, Mountain Dulcimers, Recorders, Hand Drums, Vocalists, and Listeners are all welcome! For more information call: Susan at 575-590-3224

**Girls Night Out:** Come and enjoy Girls Night Out every 1st Thursday of the month. November's dinner will be at Sunset Grill - 1274 Golf Club Rd. on Thursday, November 2nd at 5PM. The sign-up sheet is on the bulletin and will be removed on the Wednesday the day before. Please note if you have room in your car or are looking for a ride, leave your number and call someone who may be able to accommodate you. I will also be posting on our facebook page. We have fun and enjoy each other's company, and meet new people at GNO. A benefit of having GNO is the opportunity to visit different restaurants. Please join us. For questions, ideas, suggestions, please call Kris Maier 575-323-3624.

**NEIGHBORHOOD WATCH MEETING:** The Neighborhood Watch Community meeting will be held in the main clubhouse on November 9, 2023 from 3PM - 4PM. Officer Velasco will be in attendance to give us more information on how to protect ourselves and our community. We will also introduce our committee members at this time. Questions? Please email [TWCommunityWatch@gmail.com](mailto:TWCommunityWatch@gmail.com) We hope to see you there! Diane Roth, Chair and Dee Krammes, Vice Chair

**Karaoke News:** Wishing all our ghost and goblins, witches and such a terrific Halloween Holiday.. Congratulations to all our surprised recipients of the Grab-Bag gifts. Thanks again for your participation which makes for a fun evening. Here's whats coming up for our Nov. 11th Karaoke. We will be celebrating Veterans Day with Patriotic Song and Poetry, also a celebratory Tribute to "Roy Rogers" born Nov. 5th, 1911. "Happy Trails" to you, written by Dale Evans. A video will be played portraying a period of his life. Let's get ready for this Holiday Season starting with Karaoke, Sat. Nov. 11th at 6 pm. See you there, Toni Marie and Team.

**Trails West Chair Yoga:** Classes will continue in November and December 2023. Strengthen your body and keep your Balance. A body in motion stays in motion. In Chair Yoga classes, we work on fall prevention, balance, strengthening our body and relaxing our mind. Please come and test it. **The first class is free.** The following classes are by donations for November and December 2023, recommended is a \$10 donation per class. November class schedule: Wednesday, 01, Monday, 06, Wednesday, 08, Monday, 13, Wednesday, 15. December classes schedule: Monday, 04, Wednesday, 06, Monday, 11, Wednesday, 13. Classes will continue in January 2024. Kim Morris 972-890-7006

**Pot Luck** –Next month’s pot luck, which will be our Thanksgiving Celebration, will be on Monday, November 20th. As this is typically our largest pot luck of the year, please use the signup sheet so that we can better determine the number of tables and chairs needed. Only the first one hundred people to signup will be seated (yeah, right). = = The line forms promptly at 5:30 PM. Please arrive by 10 to 15 after 5:00 and stake your claim on a seat and a serving of dessert. = = As a reminder, serving utensils are provided, however, attendees are responsible for supplying their table service – you know, fork and plate. Also, if you bring your own serving utensils, please don’t forget to claim them before they get lost in the shuffle. = = As always, I am open to all comments and suggestions. – Michael Tannehill (937.508.3754)

**COVID Vaccine Clinic** - Mesilla Valley Pharmacy will be here on Monday November 6th, 2023 from 10:00 am to 11:00 am for a COVID shot clinic. They have the new Pfizer COVID vaccine and that is all they will be bringing. The clinic is walk-in only and they will be here for only 1 hour. Please mark your calendars.

**Beading Group:** Come join us at the North Clubhouse conference room from 1-6 pm on the second and fourth Sunday each month. We are a group of beading buddies and friends who mostly met at the now closed N’Joy bead shop here in town. We are a diverse group working on many facets of making beaded jewelry including stringing, bead weaving, kumihimo, bead crochet, wire work, peyote (making jewelry and beaded tapestries), beading on a beading loom, etc. some of our group enjoy bringing and working on other craft projects such as counted cross stitch and needlepoint. Some come to socialize. Please feel free to come join us to see what we are all working on and bring your own project to work on. While we are not scheduling classes for specific projects or types of beading there is usual someone attending who can help you get started on a specific type of beading project. Our N’Joy beaders are from here in town, El Paso and Alamogordo. As a group we also meet at the Munson Senior Center on Mesquite from 9-12 on Thursdays. Many of us stay to enjoy lunch together at the Munson Center. For Information, please call Jean Goldsmith @ 915-345-5252

# Classes:

## Awaken Your Inner Art Girl – Art Class for Women

“Art Class for Women” meets every Tuesday, 10:00 a.m. – 12:00 p.m., in the Clubhouse. Come join the fun using watercolors, markers, and a variety of pens for lettering, art journaling, cards, bookmarks, and envelopes. Call Gail Lieurance, 575-649-0606, for more information and to register. Thank You, Gail

## HOW TO PAINT ANYTHING

Oil Paints and Acrylic Paints and Brushes will be provided you just bring your canvas or surface



Tuesday 1:00 – 3:00 pm

November 7, 14, 21, 28

\$25 per class or \$85 for four classes

Call Roberta Remy @ 505-310-0945

# Meetings & Groups:

T.O.P.S.: Take Off Pounds Sensibly (TOPS) meets at Trails West clubhouse every Thursday morning. Weigh in is 10:00 am. Our meeting starts at 10:30 am and usually lasts an hour. Your first meeting is free. If you have any questions, contact Stephen P. Vanderbeck at (575) 524-3087.

Sew Friends: Wednesdays 10am to 3:30pm. All are welcome to join. We are a group of persons who enjoy making quilts. We welcome anyone who likes to sew either by machine or by hand. If you are not a quilter but want to sew with us, please come join us. The more the merrier. Johnette Franke is the hostess for the group. BJ Alford is the contact person for information and can be reached at 575-343-2036 or [smojo413@comcast.net](mailto:smojo413@comcast.net)

CERAMICS, CRAFTS AND COFFEE: 9:00 am to 11:00pm Friday morning. Please join us for ceramics, crafting, coffee and good conversation. Bring anything you are working on, sewing, knitting, crocheting, ceramics, jewelry, or whatever you like doing. The only rule we have is, have a good time. Hope to see you on Friday mornings, if you have any questions give me a call. Claudia 708-284-1448

# Fun & Games:

**NO FOOD OR DRINKS IN THE BILLIARDS ROOM, GAME ROOM, OR LIBRARY!!  
WATER ONLY!!!**

**WE ASK THAT ALL GAME PLAYERS CLEAN-UP AND WIPE DOWN TABLES AND  
CHAIRS WHEN DONE!**

**Billiards Room: Please do not place the cue chalk on the pool tables, please leave on the  
shelf.**

## **November Bingo**

**Bingo in the Trails West Clubhouse is held the 2nd and 4th Sundays of the month. This month it will be November 12th and 26th. Bingo is open to Trails West residents and their guests. If a TW resident brings one or more new players to Bingo for the first time, both the resident and the guest will get one free Early Bird/Blackout card. Anyone having a birthday this month will be gifted TWO free Early Bird/Blackout cards. Bring your own snacks and beverages. When Bingo is over, clean your table and take your trash with you. Thanks for your help! Card sales begin; 2:30, Early bird game; 2:45, Regular games; 3:00. Packs of cards are \$4.00 each or 2 for \$7.00. Individual Early Bird and Blackout Game cards (optional) \$.50 each. Daubers are \$1.50. Please bring small bills so we can divide the jackpots if there are multiple winners. No twenties please! Charlene Tetkowski will be your new host along with Sue Hard beginning in November. For questions, Charlene can be reached at 267-257-8522 or Sue at 614-206-1170. The BINGO volunteers look forward to seeing you at the games.**

**Single Deck Pinochle: Wednesdays at 1:00 pm in the game room. For more information please call Denny Schwartz @ 605-222-7805.**

**Hearts and or 500: Wednesday at 12:30 pm in the game room. For more information please call Denny Schwartz @ 605-222-7805.**

**Double Deck Pinochle: Thursday at 1:00 pm in the game room. For more information please call Denny @ 605-222-7805 or sign up at the office.**

**Double Deck Pinochle: They are meeting right now on Tuesday and Wednesday at 1:00pm in the game room. For more Information Call Sam Palm at 647-0320.**

## **TRAILS WEST PARTY BRIDGE:**

**Party Bridge is continuing on Thursdays at 1pm- 3pm in the card room. We hope any Trails West folks who have played before will join us! Join us to meet your neighbors who play bridge. For more information contact Annette McConnell 575-496-6888**



**MEXICAN TRAIN DOMINOES:** Come join us for MEXICAN TRAIN DOMINOS each Saturday at 6:00p.m. in the game room. No experience is necessary. Bring a quarter and 13 dimes to join the fun. Call Kathy Loerwald at 575-636-2518 for questions about the game. Hope to see you there!

**Hand and Foot:** Game starts at 1:00pm on Mondays and 5:00 pm on Wednesdays in the game room. Any questions call Peggy Rountree at 505-610-0207

**Hand and Foot:** Every Friday night at 6:00pm in the game room. Any questions call Fran Jenny @ 320-761-5833

**POKER & Texas Hold-em:** Friday night dealer's choice poker 5:30 pm. We are also bringing back Tuesday night Texas Hold-em and Omaha Poker, which requires a \$5.00 buy in with NO re-buys at 5:30pm. Questions please contact Mario Martinez

**SCRABBLE:** Wednesday at 1:00pm, also the 1st and 3rd Sundays at 2:00pm. Don't be afraid to be challenged! Everyone is welcome! Questions call Diane Bell at 575-932-8602

**LET'S PLAY BUNCO:** Let's play Bunco at the main Club House scheduled the 1st three Mondays of each month. We have had such a good turnout we recently changed our meeting times from twice a month to three times a month. This is a super fun dice game that is easy to learn. If you bring \$5 and can throw dice, you are in. Money goes toward cash prizes at the end of each evening. Come join in the fun and LET THE GOOD TIMES ROLL. Linda Parshall 915-433-6361

**Bocce Balls-** Exciting news, we now have a new Bocce Ball set for use by all residents. The Bocce ball set is located in the main Clubhouse in the closet closest to the restrooms. Thank you, Linda Parshall

**BOCCE BALL :** Our Fall/Winter schedule is in effect as of November 1st, at 1:00 pm, Monday through Friday - weather permitting. We are located behind the pickle ball court and everyone is welcome. The game is easy to play and the rules are easy to follow. It is not physically demanding, but it's a lot of fun. Any number from 2 to 8 can play, and there is always someone available to help out if you need a few pointers. Those with physical disabilities are encouraged to stop by to play or just keep an eye on us to make sure we don't cheat. Interested parties don't have to register or sign up for anything. Just show up any weekday at start time whenever it's convenient for you. Play or not play, you will find a great bunch of people, get a little exercise, and maybe make a few friends. If you need information call: Dave Maxwell @ 575-382-0555

# Las Cruces Community Resources:

**SAFE HAVEN ANIMAL SANCTUARY:** I collect cans for the sanctuary and thank those residents who leave them with me. If you wish to donate cans for the shelter, please empty and rinse them and tie the bag shut. This stops the bugs from getting into them. There is a collection area by the back door, you can just leave them there. There are signs on the front of the house to direct you. Please do NOT leave them in the golf cart, it makes a mess. The Shelter is having to turn away pets because they are full up so give them a ring at 575-805-5338 if you would like to adopt a furry friend or be a foster parent. All help is greatly appreciated and the Thrift Store (Opposite Sutherlands) gets a lot of very nice donations. Stop in and check them out. Margaret Butterworth, 103 Happy Trails South.

**Mesilla Animal Services:** They are in need of used prescription medication bottles with the lids. Please remove the labels and drop off at 209 Happy Trails North there is a box on the side porch to put them in. Thank you, Stephanie Carter 575-521-3750.

## **Flags, Flags, and disposal of unserviceable flags...**

Do you have any unserviceable flags?? American, state or other? I am in contact with a Boy Scout leader that teaches the proper care of a flag and how to properly dispose of unserviceable flags. I would be glad to take any flags and give them to their troop. I'll be glad to stop by and pick them up. Share this message with friends and neighbors. Thanks. Carol Gaines, Marine. 575-524-4203 or 575-571-3670, also text. Or drop off at #042 Happy Trails Drive.





# **CLUBHOUSE NORTH INFORMATION:**

**Building is open from 6AM to 7PM.**

**Please check in with staff.**

**BOTTLED WATER ONLY IN POOL AREA, GYM & CONFERENCE ROOM**

**Indoor Pool at Clubhouse North:**

**The indoor pool is open 9:00 am Daily – Residents Only!!**

**Water Aerobics: Monday, Wednesday, and Friday at 10:00 am at the pool in Clubhouse North. For information call MaryKay Brady at 575-546-1931.**

**Water Aerobics: The time for the outdoor water aerobics class that was held at 10:00 am. Mondays, Wednesdays, and Fridays will change beginning November 1, 2023. The class will be held at the indoor pool at 11:00 am on the same days. Feel free to join them. For information call Karen Richardson @ 575-405-7875**

**Water Aerobics: Monday, Wednesday, and Fridays at 4:30 pm at the indoor pool. For information call Clare Scheffer @ 425-238-1279**

**Water Aerobics Class: Tuesdays, Thursdays and Saturdays at 9:00 am to 10:00 am. Questions call Debby Tennison at 575-652-2155.**

- Only 10 people in Water aerobics classes at one time.**

**GYM: The hours are 6AM to 7PM – ALL EXERCISE EQUIPMENT MUST BE IN THE STATIONARY POSITION WHEN YOU LEAVE THE EXERCISE ROOM AND WIPED DOWN... This is dangerous for our residents and staff.**

**GUEST FEES: Remember/ ALL GUESTS MUST PAY the cost of using the gym which is \$5.00 per person each visit. Residents must accompany their guest, NO EXCEPTIONS!**

**CLUBHOUSE NORTH HOURS: 6AM – 7PM – Daily**

**Gym – 6:00 AM – 7:00 PM**

**Indoor pool – 9:00 AM – 7:00 PM**

**Laundry Room: 24/7**

**You cannot use the indoor pool until staff is on duty...**

# COMMUNITY GARDEN

Guidelines for the Community Garden:

1. NO PETS ALLOWED IN GARDEN AREA
2. SITES MUST BE MONITERED DAILY, KEPT FREE OF WEEDS, MANICURED TO STAY WITHIN YOUR NUMBERED SITE.
3. WHATEVER YOU BRING EACH DAY TO WORK ON YOUR SITE, NEEDS TO BE TAKEN HOME EACH DAY.
4. NO CHICKEN WIRE/CLEAR NETTING IS ALLOWED.
5. EVERYONE IS RESPONSIBLE FOR THEIR OWN SITES. PLEASE USE THE BUDDY SYSTEM IF YOU ARE UNABLE TO BE THERE DAILY.
6. PLEASE BE AWARE SHOULD YOU BE USING ANY FERTILIZERS OR PESTISIDES, SPRAYS, ETC. TO NOT ALLOW THEM OUT OF YOUR SITE.
- 7.NO SMOKING.
- 8.NO SPLITERS OR TIMERS ALLOWED.
9. Please make sure that you are planting in your designated site, if you don't remember your site number call the office before planting.
10. Please only water your garden plot, unless you have permission.

EVERYONE MAY ENJOY THE BEAUTY OF THE GARDEN!!! PLEASE DO NOT TOUCH, OR TAKE ANYTHING GROWING WITHOUT PERMISSION OF THE GARDENER!!!

**PLEASE DO NOT LEAVE THE HOSES RUNNING TO YOUR GARDEN PLOT! THE GARDEN AREA HAS BEEN FLOODED NUMEROUS TIMES. THIS IS A WASTE OF WATER, AND IT'S RUINING OTHER PEOPLES PLOTS.**



# November Birthdays

Cheryl Richardson	11/2	Roberta Elford	11/16
Betty Jo Lucero	11/2	Roger Adams	11/16
Roberta Remy	11/4	Carol Forrest	11/17
Paula Beauvais	11/7	Norma Parker	11/17
Jim Richardson	11/8	Terry Tietsort	11/19
Chuck Arater	11/9	Robert Ruiz	11/19
Cynthia Jones	11/9	Cynthia Denney	11/22
Janet Lynch	11/10	Betty Gollodaay	11/22
Nita Elrod	11/12	Harold Smith	11/22
Carol Gaines	11/12	Marty Sewell	11/22
Marty Lucia	11/12	Martha Ebener	11/25
Vern Schroyer	11/13	Michael Tannehill	11/26
Jack Root	11/13	Donna Gunderson	11/26
Jean Goldsmith	11/14	Vince Smith	11/27
Alison Farley	11/15	Judi Averett	11/29
Terry Westerfield	11/15	Dana (Bubba) Jones	11/29
Alberto Vicencio	11/16	David Price	11/29
John Allen	11/16	Debbie Rico	11/30
		Sandy Swanson	11/30

Happy Birthday

## Welcome Newcomers to Trails West!

Dora Zarate 166 Happy Trails North  
Tammy Martin and Michael Radebaugh 234 Day Dreamer Drive  
James Davis 328 Day Dreamer Drive  
Veronika Barnes is moving 299 Day Dreamer Drive

# Trails West Residents

**ATTENTION: 911 EMERGENCY MAY ALWAYS BE CALLED FROM THE PAYPHONE IN THE CLUBHOUSE.**

**RESIDENTS GOING AWAY FOR THE DAY, PLEASE DON'T PARK BY THE ENTRANCE OF THE CLUBHOUSE!! THERE IS PLENTY OF PARKING AROUND THE CLUBHOUSE WITHOUT BEING AT THE DOORWAYS.**

**TRAVELING FORMS:** It's highly recommended by the Trails West Management that you turn in a "Traveling Form" when you will be out of town. The forms are at the end of the counter in the clubhouse at all times and you will also find mail hold cards should you need them!

If you have solicitors' knocking on your door please call the Office @ 575-524-9226 during office hours or Ruben @ 575-639-3566, or Ruben Jr. 575-639-3569 so they can be escorted off the property.

**Library:** When you return books, donate books, or are just looking and it is difficult to reshelv, please place books in the basket by the fireplace.

**Resident Phone Calls:** During the COVID pandemic we have implemented an old tradition of calling our folks in the park to make sure all is well. It is important that you call us back to let us know that you are doing OK. Also it is your choice if you want us to continue to call. If you don't, just let us know when we call you and we will take you off the call list. Thank you, Management

**The Flags! The Flags! Where are you from?** It's time to put up your flag from where you hail! We have new flags, and new pens to put your number on them with! Where were you born? Where did you go to school? Where did you raise your family? Or maybe, where did you come from before joining Trails West? Let's fill up the map once again with who and where!! Come into the office and get a new flag for the map!



**OUTSIDE VISITORS AND CHILDREN VISITING:** Trails West guidelines state: Guest staying 72 hours or longer must be registered at the management office to obtain guest identification, and guests can bring their pets, but they must follow the same rules as residents. Also management has noticed that some children are not being accompanied by the resident, and have been playing on golf carts and bikes. **PLEASE, DON'T ALLOW THIS; THIS IS AN ACCIDENT WAITING TO HAPPEN...** All visitors **MUST** be accompanied by the resident that they are here to visit while in the community. Questions? Please come to the Trails West Office. Management

## **RESERVATIONS:**

Be advised the only room that can be reserved in the main Clubhouse is the ballroom, and in Clubhouse North is the conference room. But all reservations are made at the main clubhouse.

**PLEASE REMEMBER ANY TIME YOU ARE GOING TO HOSTING A FUNCTION IN THE MAIN ROOM OF THE CLUBHOUSE THAT INCLUDES PEOPLE COMING FROM OUTSIDE TRAILS WEST COMMUNITY, YOU MUST HAVE A "WATCHER" IN PLACE TO MAKE SURE FOLKS ARE GOING TO THE MAIN ROOM AND NOT OTHER ROOMS. SHOULD YOU NOT HAVE A "WATCHER" IN PLACE DURING YOUR FUNCTION; THE HOST(S) FOR THE EVENT WILL BE HELD RESPONSIBLE FOR ANY DAMAGE OR THEFT DONE IN OTHER ROOMS.** Management

**ATTENTION: EACH AND EVERY GROUP MUST CLEAN UP AFTER THEMSELVES! ONCE THE ROOM IS BACK IN ORDER, BE SURE TO TAKE OUT THE GARBAGE. THAT IS THE LAST CLEANUP ITEM EACH GROUP NEEDS TO DO BEFORE THE NEXT PEOPLE COME IN..**

**IT'S ALL ABOUT SANITATION!!**

## **PERMISSION NEEDED:**

Please be advised and share with your neighbors – **ANY** changes to the outside of your home, including additional plantings or removal **MUST** be approved by Ruben and Leigh with input from the owners of Trails West. You must have a written approval for the changes you wish to make. Please bring in your changes in writing for approval. This is due to folks taking upon themselves to make changes that have not been approved. The owners of Trails West want all residents to know that they are not trying to be restrictive though Trails West was created with an open concept.

# SAFETY:

HOW ABOUT A BUDDY SYSTEM? Please think about your neighbors, especially those that are alone! Figure out a buddy system to let each other know that all is ok each day!!! It could be as simple as a light on or off. In Trails West there isn't anyone who isn't a neighbor!!

EMERGENCY CONTACT FORMS: Once again we need to make sure that every resident has filled out the emergency contact form. Please come by the office and update your information or pick one up. It is very important that we have these on file. Thank you

LET'S BE SAFE!! Should someone fall, you should always call 911. Someone may say they don't need 911 though the only ones who can say that IS 911!! So, you will find that management of Trails West as well as the Trails West crew will always call 911. Neighbors should do the same as the 911 crew are the only ones who can say whether you need to go to the hospital, doctor or just go home and rest!!! Management

Safety at night!! More the three-quarters of pedestrian fatalities happen after dark compared with less the a quarter during the day light, dusk and dawn. When crossing the street only use designated crosswalks, which often has better lighting to make you more visible to drivers. Here in Trails West we ask that if you walking at night, please carry a flashlight, reflective tape on your clothing, dog leashes, etc. Safety is our #1 concern and priority.. Thank you.

## TRAILS WEST ACTIVITY FUND

Date	Transaction	Deposits	Withdrawal	Fund Balance
8/22/2023	Current Balance			\$2,707.66
9/20/2023	Kathy Loerwald - Dominoes		\$101.00	
9/20/2023	Art Girls - Donation	\$100.00		
10/3/2023	Kathy Loerwald - Stamps		\$66.00	
10/22/2023	Balance at this time			\$2,640.66

The current Activity Fund Board members are: Chairperson Linda Parshall, Chuck Arater, Dennis Winkel, John Lacy, Charlene Tetkowski, and Fund Manager Dee Deerman. You can pick up a "Request for Funds" form from any board member or pick one up at the main clubhouse. Dee is now collecting the rinsed out aluminum cans - they can be dropped off on her front porch (294 Day Dreamer) or put in the totes behind left recycling bin.



# Public Services:

**U.S. MAIL SERVICE: DO NOT INTERFERE WITH THE POSTAL EMPLOYEES WHEN THEY ARE BOXING THE MAIL. IF YOU DON'T HEED THE WARNINGS AND HAVE FUTURE VIOLATIONS – IT COULD RESULT IN HAVING YOU TO GET A POST OFFICE BOX ELSEWHERE.** If you are ready to pick up your mail and the mail person has not finished, please **DO NOT PARK ON THE STREET OR NEAR THE P.O. BOXES!!!**. Any other questions or concerns please contact the office.

**ATTENTION:** We have limited parcel lockers and need you to check your mail daily, if you are expecting packages from Amazon, etc.

**PLEASE MAKE SURE YOU DON'T PUT YOUR MAIL IN THE RENTAL DROP BOX,** the drop box is not checked daily, so putting your mail in it can delay your mail by days. Thank you, Management.

It is illegal to post or affix **ANYTHING** to the US postal boxes.

It is also not allowed to affix letters, notes, fliers, etc. to the benches throughout the community. There are bulletin boards at the main clubhouse. (one for community information and one for Las Cruces information), please post there. We also have the Trivia for any information that is regarding upcoming activities in the community. The cut off for the Trivia is the 22nd of the month prior. We also have the public and private Facebook page/group to post information.

**DIRTY WATER:** Las Cruces Utilities provides the water, wastewater and solid waste removal to Trails West. So, when you experience dirty water coming into your home, you need to inform the City of Las Cruces right away while running your water in the home until clear. The City of Las Cruces needs to hear directly from the person(s) being affected. Not every home at the same time gets this problem. This helps the City of Las Cruces to locate where an issue needs to be addressed. Trails West is on the City of Las Cruces water system and dirty water can stem from anywhere in the City of Las Cruces which might have a break in their lines. Once they repair a line, when they re-attach the lines friction from the water breaks loose minerals that have built up and pushes them down the line. Please call the City of Las Cruces any time you have dirty water problem at (575) 526-0500. Trails West may pay for your water though the City of Las Cruces is the source of water and they don't know there is an issue, they cannot help to correct the problem. The City of Las Cruces does not want to hear from Trails West, they **NEED** to hear from the affected party. **PLEASE NOTE:** Water leaks are not a city emergency that is a Trails West issue. So call the office for a work order or after hours call Ruben at (575)639-3566. Management

**WILDLIFE AND FERAL CATS phone #'s:**

**Feral Cats - DAC- Animal Control # 575-528-4100 or 575-526-0795**

**Injured or Dead foxes - NM Game and Fish # 575-532-2100,**

**Skunks - USDA Wildlife Service's # 575-527-6980.**



**Foxes in the community:** The foxes are an asset to have in our community; they help to control the number of “varmints” throughout the park. While many people think that live-trapping animals and taking them somewhere else, where they will live happily ever after is an ideal solution for all involved, this isn’t actually what happens. More than 70% of relocated foxes die soon after relocation due to stress, starvation, and dehydration. If you are having fox problems, please call the office. Please note; we do not want to relocate them, as they are a true asset. Also please be aware that if you are poisoning mice and rats, the foxes are eating them, which in turn causes the foxes to be poisoned and die too. Thank you, Staff

**RECYCLE BINS (Blue Containers):** We all need to be considerate of everyone in Trails West that is recycling. Please break-down your boxes before placing them in the recycle bin, by breaking them down allows everything to sift and creates more space, also perhaps if you see someone not breaking them down or having troubles, jump in and lend a hand. Also make sure that only recycle products are deposited in the bin. Thank you Trails West Management.

If you need help breaking down boxes for the recycle bin Tom Elkin is willing to assist.

**Recyclable Materials: Paper Products:** Office paper & envelopes, newspaper & inserts, Telephone books, junk mail (please open), shredded paper, brown paper bags, magazines, catalogs. Tom Elkin and Dee Deerman are willing to assist.

**LEFT BIN:** This is for your regular paper (newspaper, magazines, brown paper bags, opened junk mail, BAGGED and SHREDDDED paper

Plastic: #1-#7 clean plastic containers ONLY - NO GROCERY BAGS

Chipboard: This is cereal boxes, tissue boxes, beer boxes, etc.

Metal: Steel/tin cans - Clean

Aluminum Beverage cans - rinsed out - these can also be bagged and set behind the dumpster to donate to the Trails West Activity Fund.

**RIGHT BIN:** This is for BROKEN DOWN, CORRUGATED, CARDBOARD BOXES

This is for packing and shipping boxes - NO PIZZA BOXES

**THINGS THAT DON'T BELONG IN RECYCLE BINS ARE:** Glass, Styrofoam, plastic grocery bags, food contaminated items, NO HOUSE HOLD TRASH, clothing, yard waste, batteries, or engine fluids, household appliances. City of Las Cruces recycles division

# Pets & Dog Parks:

**ATTENTION PET OWNERS:** It is very important that the office has pictures and vaccine records for your pets. Please contact the office to make sure that these documents are on file. If you just want to update pet pictures, Please email them to Leigh at [trailswest@totacc.com](mailto:trailswest@totacc.com) or bring 2 copies of pictures to the office.

**PETS:** There is the common area with grass and pooper scoopers available by the front entrance and pet stations in place! Do not allow your pet to use other residents' yards. Residents who are having a problem with others letting their pets use their yard for a bathroom, Ruben recommends using Animal Repellant around the perimeter of the yard. This product helps to tell the pet this is not a bathroom and will not hurt the pet either. The animal repellent encourages pets to go elsewhere to do their business. All pets must be leashed and may not be left unattended outside. Please remember that pets are NOT allowed in the fenced area around the pool, or around the Bocce Ball, Pickle Ball courts, or the community garden.. Please do NOT walk your pets in these areas!! Management

**Dog Parks at Clubhouse North:** If your dog is a digger, then YOU the owner of your pet MUST bury the holes, this is a safety hazard for everyone using the dog parks. Also excessive barking while at the dog park is a problem, we get the first hellos, but if your dog continues to bark they need to be corrected or taken home.

**PLEASE KEEP YOUR PUPPY'S PAW'S SAFE!!!!**



Press the back of your hand firmly against the asphalt for 7 seconds to verify it will be comfortable for your dog.

### Hot Asphalt Awareness

When the air temperature is this, asphalt has been measured at this.\*

Air Temperature	Asphalt Temperature
77°	125°
86°	135°
87°	143°

\*These temperature correlations represent worst scenario variables: direct sun, no wind, very low humidity, and high radiant energy.

At 125° F, skin destruction can occur in 60 seconds.  
An egg can fry in 5 minutes at 131° F.



Data Source: Berens J. Thermal contact burns from streets and highways. Journal of the American Medical Association. 214 (11): 2025-2027.

# Kindness & Courteously:

Here in Trails West we need to be courteous to each other, we have had some complaints about people running into the neighbors carports and landscaping. All we ask is that if you do damage to your neighbors property to let that person know what happened, also when it is windy please tie up your wind chimes. Thank you!

Please do NOT be complacent. We are a gated community however, there are still numerous strangers working and driving through our community. It is a good idea to keep everything under lock and key. We have a beautiful community and this could make us a target for thieves.

## Traffic & Gates:

**THE SPEED LIMIT IS: THE SPEED LIMIT IN TRAILS WEST IS 15 MPH!** Please observe the posted speed limit and advise your visitors and workers.

**DO NOT ATTEMPT TO PASS VEHICLES AT THE GATE HOUSE, HAVE PATIENCE!!!** The greeters are doing their best to keep us safe, keep traffic moving, give out information quickly, and be aware of the people who are entering our community. Residents, please make sure you have a window sticker, PLEASE don't just drive through...

**PARKING:** Remember on-street parking is not allowed at night! Do not leave your vehicle on the street overnight. If you have company and need more room to park, you're welcome to park at the clubhouse for a short time period. REMINDER- RV'S are allowed to park by your house to load and unload during day light hours. NO driveway may be blocked at any time. Overnight parking of travel trailers, motor homes, trucks, commercial vehicles may be permitted to park at the clubhouse with prior management approval not to exceed two (2) nights, with a parking pass.

**Bike Riders:** Please remember that bikes have to obey the same laws as a vehicle. Stop at stop signs, watch where you're going. Safety First!!!

**Bikers and Walkers:** When you are riding your bike behind a walker, please move to the other side of the street, or ring your bike bell to let them know that you are behind them.. We need to be courteous to our residents that can't hear you coming up behind them. It can be quite startling for them. Thank you!! 3-Wheel bikes need to stop going in between the speed bumps! This causes the back wheels on the bike to be unlevel, and folks have dumped the bikes and themselves in the middle of the street. So please either go over the speed bump, or try to avoid the speed bumps via the sidewalk.

**GATES:** Any gate issues need to be reported ASAP! Issues being: gate tag not working, wrong listing at the gate key pad, right listing at the gate key pad but not ringing your phone, etc. When you report an issue; we must have date, time, which gate, what the issue was! We have been given a time frame to report such issues to security, Monday – Thursday 2:00 pm cut off, Friday 12:00(noon) cut off. If not reported in by said times, the issue will remain until the following morning during the week, and Monday morning for Friday afternoons and weekend issues.

### **HELPFUL TIPS:**

1)Do not place over the door hooks, shoe racks, mirrors, and organizers on your interior doors, sometimes this causes the door to be hard to open and we can get locked in.

2)While you are away on vacation, it is a good idea to have the water shut off to your house. Please call or come to the office to put in a work order Then just call us before you get home and we can have the water back on by the time you get home. Please be aware Trails West crew is not available on weekends.

### **Office Services:**

**OFFICE SERVICES –** For Trails West residents- We offer services that may be of use: **FAXING –** we will send faxes for you, as well as receive faxes for you; the cost is \$1.00 for first 5 pages. Also we make black and white **COPIES -** for 10 cents each. **WE DON'T HAVE CHANGE – SO SMALL BILLS PLEASE OR EXACT CHANGE!!!**

**Main Clubhouse bulletin board – Items for sale:** If you are going to post an item for sale, you must post on nothing bigger than a 3X5 index card, it must be a resident, with your phone number and the date posted, once items are sold please remove your listing. If items are posted on a bigger sheet of paper they will be removed and disposed of. If items have been on the board for longer than 2 months, it will be removed and disposed of. Thank you,  
Management

## **Landscapes & Work Orders:**

**Outside companies, workers, etc:** When you hire someone to work in your yard or in your home, part of what you pay for when you receive the service is disposal. Many residents have reported finding debris from jobs at the dumpsters when it should have been hauled away by the person doing the work. Please make sure anyone you hire hauls away any trash, debris left from the job, out of the park. Also, please keep your sidewalks clean and clear of debris, this is an extension of your landscaping. Also please inform your neighbors that you are having work done, and instruct your workers not to go into other resident's yards. Thank you, Ruben

**ATTENTION:** Please DO NOT allow anyone to work on the drip lines, except the Trails West Crew. If you have an issue, please call or come to the office to put in a work order. All work orders go on a schedule to be completed. However if it is an emergency; call the office as soon as possible.

**DO NOT BLOW YOUR LEAVES TO THE STREET – IF YOU MUST, PLEASE SWEEP THEM UP AND BAG THEM SO THEY DO NOT BLOW INTO YOUR NEIGHBORS YARD. RUBEN RECOMMENDS BLOWING THEM TO THE BACK OF YOUR HOME AND THEN BAGGING THEM FOR PICKUP ON THURSDAYS. THANK YOU AND YOUR NEIGHBORS THANK YOU AS WELL!!**

**YARD DEBRIS:** Please remember that the Trails West maintenance crew picks up yard debris every Thursday afternoon. They do not pick up regular trash which needs to be disposed into the trash dumpster for regular pickup by the City of Las Cruces.

**WORK ORDERS:** Please don't stop the Trails West crews for concerns or issues about your yards. All work orders must be turned in at the main office. Clubhouse North staff will not take any work orders and writing work orders in the concerns and comments page is not a work order and will not be taken care of. So call the main office and have a work order filled out. Thank you!

**PLEASE PLACE UNWANTED ITEMS INTO DUMPSTERS, IF THEY DON'T FIT PLEASE TAKE TO THE DUMP! Located at 2865 W. Amador Ave.**





# Tips from Ruben

Many requests have been made for a list of plants, trees and shrubs that do well in Trails West. Following is a list of the plants that have success in the community:

Trees: Red Oak Live Oak  
Chinese Pistachio Mesquite  
Bradford Pear Flowering Crab  
Chinese Tallo Red Bud  
Ash Palo Verde  
Catalpa Italian Cypress  
Pines Bubba Willow

Shrubs: Indian Hawthorne Photina  
Nandina Roses  
Purple Sage Green Cloud Sage  
Pittisporum Forsythia  
Spirea Lilac  
Pyracantha Carolina Jasmine  
Juniper

Flowering Plants: Verbena Cherry Sage  
Lantana Mexican Sage  
Bird of Paradise Barrel Cactus Red Yuccas Agave  
Ocotillo Sotol  
Soft leaf yucca

When you use the outside water spigot, or the hose bib on your home to water your landscaping, wash your car (or RV which is not allowed), clean off your driveway or sidewalk that you are using domestic metered water? What that means is that water is not only charged by the gallon for usage but it is also metered for wastewater charges. Wastewater charges are larger than water charges. These charges have an affect on your annual rent increases. By lowering usage it takes some pressure off these increases. Water expenses are one of the largest single expenses of Trails West monthly. The landscaping is on a meter the city considers water only. No waste water is charged to this meter. It is much cheaper! If you believe there is stressed vegetation within your landscaping, please call the office and a work order will be issued for the Trails West crew to check to make sure it is working properly and that the landscaping at your home is receiving enough water to maintain the beauty!

Ruben does NOT conduct business at his home. You have no reason to go to Ruben's home and talk to him about watering issues!! Call the office and have a work order put in place.

# Weekly Schedule of Events

## SUNDAY

Jam Session – Cactus Picking Jammers	2.00pm to 4:00pm 1st and 3rd Sundays
Scrabble	2:00 pm 1st and 3rd Sundays
Bingo	2:30 pm 2nd & 4th Sundays
(Card Sales starting at 2:15pm)	

## MONDAY

Chair Yoga	9:00 am – Main room
Water Aerobics	10:00 am - indoor pool
Water Aerobics	11:00 am – indoor pool
Bocce Ball	1:00 pm - weather permitting
Pool School	1:00 pm – Billiards room
Hand and Foot	1:00 pm to 3:00 pm – Game room
Water Aerobics	4:30 pm - Indoor Pool
BUNCO	6:00 pm –1st, 2nd & 3rd Mondays - Game Room

## TUESDAY

Water Aerobics	9:00 am – indoor pool
Art Classes	10:00 to NOON – Main room
Learn to Paint from Photos	1:00 pm to 3:00pm Main room
Bocce Ball	1:00 pm - weather permitting
Mah Jongg	1:00 pm – Game room
Double Deck Pinochle	1:00 pm – Game room
Texas Hold-em	5:30 pm – Game room

## WEDNESDAY

Chair Yoga	9:00 am – Main room
Water Aerobics	10:00 am - indoor pool
Sew Friends	10:00 am to 3:30pm - Main room
Water Aerobics	11:00 am – indoor pool
500/Hearts	12:30 pm – Game room
Bocce Ball	1:00 am - weather permitting
Single Deck Pinochle	1:00 pm – Game room
Double Deck Pinochle	1:00 pm - Game room
Scrabble	1:00 pm – Game room
Water Aerobics	4:30 pm - Indoor pool
Hand & Foot	5:00 pm - Game room



**MAIN ROOM REMINDER: ALL groups that use the main room for their functions, Please empty the trash cans and deliver to the dumpster.**

# Weekly Schedule of Events

## THURSDAY

Water Aerobics	9:00 am – indoor pool
TOPS	10:00 am – Main room
Bocce Ball	1:00 pm - weather permitting
Party Bridge	1:00 pm – Game room
Double Deck Pinochle	1:00 pm – Game room
Girls' Night Out	5:00 pm 1st Thursday

## FRIDAY

Ceramics, Crafts, and Coffee	9:00 am to 11:00pm Friday morning.
Water Aerobics	10:00 am - indoor pool
Water Aerobics	11:00 am – indoor pool
Bocce Ball	1:00 pm - weather permitting
Pool School	1:00 pm – Billiards room
Water Aerobics	4:30 pm - indoor pool
Poker	5:30 pm - Game room
Hand and Foot	6:00 pm - Game room

## SATURDAY

Welcome Coffee	9:00 am - 2nd Saturday
Water Aerobics	9:00 am – indoor pool
Reserved	2:30 pm to 6:00 pm 2nd Saturday
Karaoke	6:00 pm to 8:30 pm 2nd Saturday
Mexican Train Dominos	6:00 pm – Game room
Snacks & Crafts	6:00 pm to 8:00 pm every last Saturday

Welcome Coffee is the 2nd Saturday of every month at 9:00am

Potluck is the 20th of every month at 5:30pm

Should you wish to reserve the clubhouse, please fill out a “Proposed” reservation form. Please use these two “Permanently Scheduled” pages to check availability. Once you have done that, the office will check for individual reservations in place!

**PLEASE NOTE:** Sometimes the days & times will differ from the permanent schedule – So please refer to the article in the news letter for changes.

# November 2023

Sunday    Monday    Tuesday    Wednesday    Thursday    Friday    Saturday

1

2

Reserved  
Herbster  
2:30pm  
To  
4:30pm

3

4

Reserved  
Trujillo  
12:00pm  
To  
5:00pm

5



6 COVID  
Vaccine  
Clinic  
10:00am  
To  
11:00am

7



8

9 Community  
Watch  
Meeting  
2:30pm  
To  
4:30pm

10

11  
Welcome  
Coffee  
9:00 am

Veterans Day

12 CHN

Reserved  
Beading  
Group  
1:00pm to  
6:00pm

13

14

15

16

17

18

19

20

POTLUCK  
5:30 PM

21

22

23

Thanksgiving  
Day  
Offices & Gate  
Closed

24

25

26 CHN

Reserved  
Beading  
Group  
1:00pm to  
6:00pm

27

28

29

30





(575) 524-9226



[TrailsWest@totacc.com](mailto:TrailsWest@totacc.com)



[trailswestnm.com](http://trailswestnm.com)



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**Live Life to the Fullest**  
**Trails West Senior**  
**Community**