



JUNE 2023

Trails West Newsletter

What Is A Dad?

**A dad is someone who
wants to catch you before you fall
but instead picks you up,
brushes you off,
and let's you try again.**

**A. dad is someone who
wants to keep you. from making mistakes
but. instead lets you find your own way,
even though his heart breaks in silence
when you get hurt.**

**A. dad is someone who
holds you when you cry,
scolds you. when you break the rules,
shines with pride when you succeed,
and has faith in you even when you. fall...**

Announcements

FYI - Reminder!!! The seasons are changing and the clubhouses are sometimes on the chilly side when we're not moving around. So don't forget to bring a sweater or jacket when coming to play cards, games, art classes, etc.

The newsletter is now available on the Trails West Facebook page and Trails West website at: trailswestnm.com

Trails West has started a private resident Facebook group for pertinent information about the gates, water outages, and other issues that may pop up in the Trails West Community. Please become a member to stay current with the latest information.
Trails West NM Resident Information

SPRING CLEANING: Spring is here!!!! And the time has come to refresh and renew our beautiful yards and homes!! The weeds will be popping out saying (“Hello”), everything will start to bloom and awaken from the winter chill. So call your yard man/woman, and get the job started. If not the Trails West crew will be there soon and there will be charges due from YOU!! Also now is the time to think about; if you want to repaint your house. Spring is the perfect time of the year for that too. But remember that all house colors must be approved through the office.

ATTENTION: Every morning, every morning, every morning, almost every morning, staff is faced with coffee pots and popcorn machine left in the ON position making for a hard clean up on both. When these items are being made after office hours, it is the responsibility of those who made it to make sure the machines are in the OFF position before leaving. **DO NOT UNPLUG THE COFFEE MACHINE!!** The clubhouse is an extension of your home and should be treated as such. If any of the equipment is damaged, in this crazy world, no telling when they could be replaced and goodies be restored!! Also, staff spends quite a bit of time, picking up candy wrappers, inside and outside the clubhouse. There are trash receptacles in all the rooms and near each door. Please use them!!! Trails West management

Our Hero & Resident - Geoffrey Lotkins participated in the Special Olympics in Albuquerque on May 19th & 20th. He received medals in the 1500 meter race and the 3000 meter race. Way to go Geoffrey!!! We are all proud of you!!

MOSQUITO SQUAD - WILL BE SPRAYING THE COMMON AREAS ON MONDAY JUNE 12TH THIS MONTH. – WEATHER PERMITTING

Coming Attractions

WELCOME COFFEE: All residents of Trails West are welcomed and encouraged to come to welcome our newest residents to our beautiful park. We all can enjoy coffee and meeting our newest members. For information please contact Corky @ 575-647-2225. Thank you from the Welcome Coffee committee

You are invited! Cannabis Crash Course for Seniors : Who: Trails West Residents, Family & Friends When: Tuesday, June 6th | 3:30pm Where: The BINGO Room in the Main Clubhouse Why: To enable attendees to make informed decisions about their health and wellness What: Cannabis Crash Course for Seniors Dr. Joaquin Acosta is the CEO of Mesilla Valley Pharmacy and Pharmtrue, dedicated to providing first-class healthcare and innovative solutions for better patient outcomes. With a deep understanding of pharmaceutical care, Dr. Acosta is passionate about educating the community on various health topics. During this session, he will present a Cannabis Crash Course for Seniors. He will demystify common misconceptions while explaining the potential health benefits and how cannabis might be utilized as a part of a comprehensive care plan. This presentation will aim to empower attendees with knowledge, enabling them to make informed decisions about their health and wellness. Dr. Acosta is looking forward to meeting everyone at Trails West Senior Community and sharing valuable information that can potentially improve their quality of life. Light refreshments will be available.

The Cactus Pickin' Jammers - We meet from 2 to 4 pm the first and third Sundays. We'll meet at the pavilion as long as the weather holds. When it gets too cool we'll move into the clubhouse. So get out that old guitar, mandolin, fiddle, bass, ukulele or banjo and come join us. Acoustic instruments only please. We cover a wide range of musical genres including bluegrass, old-time folk, contemporary folk, Irish/Celtic and country among others. Even if you don't play an instrument, just come out to listen. For more information call Doug Abbott at 575-590-2788.

CHAIR YOGA or Feel Great Afterwards Class

We are continuing the chair yoga classes in June on Mondays and Wednesdays from 9:00 am till 9:45 am. Doors open at 8:30 am. Bring your water container, wear sports shoes or go barefoot. Socks are too slippery on these floors. Class costs are \$50 for the month. Drop-in classes are \$10 each. Checks or cash only. You will be taught by a licensed chair yoga instructor. Call Kim with any questions 972-890-7006.

Girls Night Out: Come and enjoy Girls Night Out every 1st Thursday of the month. June's dinner will be at the Subset Grill on Golf Club Road on Thursday, June 1 at 5PM. The sign-up sheet is on the bulletin and will be removed on Wednesday the 31st of May. Please note if you have room in your car or are looking for a ride, leave your number and call someone who may be able to accommodate you. I will also be posting on our facebook page. We have fun and enjoy each other's company, and meet new people at GNO. A benefit of having GNO is the opportunity to visit different restaurants. Please join us. For questions, ideas, suggestions, please call Kris Maier 575-323-3624.

Karaoke News: Wow- What a great night we had, with our great karaoke friend "Stan" the man, visiting with us for the first time in months. He is our all time "Rock n Roller". Remember folks, we continue to have open mike where you can bring any talent of yours to the stage, poetry, jokester, dance, instruments, storytelling, and juggling. Your talent is the entertainment for all to enjoy.. See you again Saturday June 10th at 6pm. Toni Marie and Team.

Pot Luck – On May 20th, Judy and I hosted our lightest attended pot luck this year. Not surprising – it was on a Saturday night and high school and college graduations and their requisite parties were well underway. Nonetheless, a good time and a bountiful feast were had by all. = = Whoop, whoop! Next pot luck will be on Tuesday, June 20th and you know what that means. Yep, June Pot Luck theme is Taco Tuesday and All Things Mexican (or not). Line forms at 5:30 PM. Please arrive by 10 to 15 after 5:00 and stake your claim on a seat and a serving of dessert. = = As a reminder, serving utensils are provided, however, attendees are responsible for supplying their table service – you know, fork and plate. Also, if you bring your own serving utensils, please don't forget to claim them before they get lost in the shuffle. = = As a point of clarification, the two columns of lines are for your name(s) – it is not necessary for you to list what specific item you are bringing. After all – it's pot luck! = = As always, I am open to all comments and suggestions. – Michael Tannehill (937.508.3754)

Classes:

Awaken Your Inner Art Girl – Art Class for Women

"Art Class for Women" meets every Tuesday, 10:00 a.m. – 12:00 p.m., in the Clubhouse. Come join the fun using watercolors, markers, and a variety of pens for lettering, art journaling, cards, bookmarks, and envelopes. Call Gail Lieurance, 575-649-0606, for more information and to register. Thank You, Gail

I CAN TEACH YOU TO PAINT ANYTHING

**Oil Paints and Acrylic Paints and Brushes will be provided
you just need to bring a canvas and a palette.**

**Tuesday 1:00 – 3:00 pm
June 6, 13, 20, 27**

\$25 per class or \$85 for four classes

**Call Roberta Remy @ 505-310-0945
to sign up**



Outdoor Pool Water Aerobics:

Beginning June 1, 2023 – Monday, Wednesday, and Friday at 10:00 am. For more information call Karen Richardson @ 575-405-7875

Meetings & Groups:

T.O.P.S.: Take Off Pounds Sensibly (TOPS) meets at Trails West clubhouse every Thursday morning. Weigh in is 10:00 am. Our meeting starts at 10:30 am and usually lasts an hour. Your first meeting is free. If you have any questions, contact Stephen P. Vanderbeck at (575) 524-3087.

Sew Friends; Wednesdays 10am to 3:30pm. All are welcome to join. We are a group of persons who enjoy making quilts. We welcome anyone who likes to sew either by machine or by hand. If you are not a quilter but want to sew with us, please come join us. The more the merrier. Johnette Franke is the hostess for the group. BJ Alford is the contact person for information and can be reached at 575-343-2036 or smojo413@comcast.net

CERAMICS, CRAFTS AND COFFEE: 9:00 am to 11:00pm Friday morning. Please join us for ceramics, crafting, coffee and good conversation. Bring anything you are working on, sewing, knitting, crocheting, ceramics, jewelry, or whatever you like doing. The only rule we have is, have a good time. Hope to see you on Friday mornings, if you have any questions give me a call. Claudia 708-284-1448

Fun & Games:

WE ASK THAT ALL GAME PLAYERS CLEAN-UP AND WIPE DOWN TABLES AND CHAIRS WHEN DONE!

Billiards Room: Please do not place the cue chalk on the pool tables, please leave on the shelf.

Bingo in June:

Bingo is played on the 2nd and 4th Sunday afternoons of the month. This month Bingo will be held on June 11th and 25th. Card sales begin; 2:15, optional Early Bird games; 2:45, Regular games; 3:00. Packs of cards are \$4.00 each or 2 for \$7.00. Cash only. Please bring small bills so we can divide the jackpots if there are multiple winners. No twenties please! If you come in during an Early Bird Game, please wait politely until the game is over to buy your cards. Bingo is run by the residents of Trails West. The only thing management provides is the use of the room and coffee. Thanks to everyone who helps set up and break down tables and chairs, cleaning your own tables and taking home your garbage. Bingo is a zero profit event. After a small amount is reserved for supplies, all monies taken in are divided into 12 equal portions as jackpots for the 12 games. Margaret Giralté and your Bingo Volunteers

Single Deck Pinochle: Wednesdays at 1:00 pm in the game room. For more information please call Denny Schwartz @ 605-222-7805.

Hearts and or 500: Wednesday at 12:30 pm in the game room. For more information please call Denny Schwartz @ 605-222-7805.

Double Deck Pinochle: Thursday at 1:00 pm in the game room. For more information please call Denny @ 605-222-7805 or sign up at the office.

PINOCHLE GROUP: They are meeting right now on Tuesday and Wednesday at 1:00pm in the game room. For more Information Call Sam Palm at 647-0320.

TRAILS WEST PARTY BRIDGE:

Party Bridge is continuing on Thursdays at 1pm- 3pm in the card room. We hope any Trails West folks who have played before will join us! Join us to meet your neighbors who play bridge. For more information contact Mikki Allbright 979-702-0380

MEXICAN TRAIN DOMINOES: Come join us for MEXICAN TRAIN DOMINOS each Saturday at 6:00p.m. in the game room. No experience is necessary. Bring a quarter and 13 dimes to join the fun. Call Kathy Loerwald at 575-636-2518 for questions about the game. Hope to see you there!

Hand and Foot: Game starts at 1:00pm on Monday – if you are not here and ready to play at start times – you will not be able to play. Any questions call Nita Elrod @ 575-642-3818 - Looking for a new host.

Hand and Foot: Every Friday night at 6:00pm in the game room. Any questions call Fran Jenny @ 320-761-5833

POKER & Texas Hold-em: Friday night dealer's choice poker 5:30 pm. We are also bringing back Tuesday night Texas Hold-em and Omaha Poker, which requires a \$5.00 buy in with NO re-buys at 5:30pm. Questions please contact Mario Martinez

Scrabble: Wednesday at 1:00pm, also the 1st and 3rd Sundays at 2:00pm. Don't be afraid to be challenged! We have multiple games at different skill levels. Questions call Diane Bell at 575-932-8602

LET'S PLAY BUNCO: Let's play Bunco at the main Club House scheduled the 1st three Mondays of each month. We have had such a good turnout we recently changed our meeting times from twice a month to three times a month. This is a super fun dice game that is easy to learn. If you bring \$5 and can throw dice, you are in. Money goes toward cash prizes at the end of each evening. Come join in the fun and LET THE GOOD TIMES ROLL. Linda Parshall 915-433-6361

Bocce Balls- Exciting news, we now have a new Bocce Ball set for use by all residents. The Bocce ball set is located in the main Clubhouse in the closet closest to the restrooms.
Thank you, Linda Parshall

BOCCE BALL : Our Spring/Summer schedule is in effect as of April 1st, at 9:00 am, Monday through Friday - weather permitting. We are located behind the pickle ball court and everyone is welcome. The game is easy to play and the rules are easy to follow. It is not physically demanding, but it's a lot of fun. Any number from 2 to 8 can play, and there is always someone available to help out if you need a few pointers. Those with physical disabilities are encouraged to stop by to play or just keep an eye on us to make sure we don't cheat. Interested parties don't have to register or sign up for anything. Just show up any weekday at start time whenever it's convenient for you. Play or not play, you will find a great bunch of people, get a little exercise, and maybe make a few friends. If you need information call: Tony De Piazza @ 817-715-0184 or Dave Maxwell @ 575-382-0555

Las Cruces Community Resources:

SAFE HAVEN ANIMAL SANCTUARY: I collect cans for the sanctuary and thank those residents who leave them with me. If you wish to donate cans for the shelter, please empty and rinse them and tie the bag shut. This stops the bugs from getting into them. There is a collection area by the back door, you can just leave them there. There are signs on the front of the house to direct you. Please do NOT leave them in the golf cart, it makes a mess. The Shelter is having to turn away pets because they are full up so give them a ring at 575-805-5338 if you would like to adopt a furry friend or be a foster parent. All help is greatly appreciated and the Thrift Store (Opposite Sutherlands) gets a lot of very nice donations. Stop in and check them out. Margaret Butterworth, lot 103 Happy Trails South.

Mesilla Animal Services: They are in need of used prescription medication bottles with the lids. Please remove the labels and drop off at 209 Happy Trails North there is a box on the side porch to put them in. Thank you, Stephanie Carter 575-521-3750.

Flags, Flags, and disposal of unserviceable flags...

Do you have any unserviceable flags?? American, state or other? I am in contact with a Boy Scout leader that teaches the proper care of a flag and how to properly dispose of unserviceable flags. I would be glad to take any flags and give them to their troop. I'll be glad to stop by and pick them up. Share this message with friends and neighbors. Thanks. Carol Gaines, Marine. 575-524-4203 or 575-571-3670, also text. Or drop off at #042 Happy Trails Drive.

HOW TO AVOID MOSQUITOS

1. Wear mosquito repellent
2. Consider an all- natural solution such as Citronella; Tea Tree oil and Vitamin B which reportedly helped some people repel mosquitoes.
3. Wear light colored loose, long sleeved shirts and long pants when outdoors.
4. Avoid getting too hot. Mosquitoes are thought to be attracted to warm bodies. Mosquitoes are attracted to the lactic acid on sweaty skin, so showering regularly can help you avoid bites.
5. Mosquitoes tend to be most active at dawn and dusk.
6. Keep anything that holds water treated so they will not lay eggs.

Trails West crew will be treating any areas that hold water. We will be using the “dunks” in chunks for small areas such as around the sprinkler heads which seem to hold water for a period of time. Trails West owners and management recommend that residents use this product or product of your choice to put in any containers, decorative yard ornaments, etc.

CLUBHOUSE NORTH INFORMATION:

Building is open from 6AM to 7PM.

Please check in with staff.

BOTTLED WATER ONLY IN POOL AREA, GYM & CONFERENCE ROOM

Indoor Pool at Clubhouse North:

The indoor pool is open 9:00 am Daily – Residents Only!!

Water Aerobics: Monday, Wednesday, and Friday at 10:00 am at the pool in Clubhouse North. For information call MaryKay Brady at 575-546-1931.

2nd Water Aerobics Class: New Schedule! – Tuesdays, Thursdays and Saturdays at 9:00 am to 10:00 am. Questions call Debby Tennison at 575-652-2155.

• Only 10 people in Water aerobics classes at one time.

GYM: The hours are 6AM to 7PM – ALL EXERCISE EQUIPMENT MUST BE IN THE STATIONARY POSITION WHEN YOU LEAVE THE EXERCISE ROOM AND WIPED DOWN... This is dangerous for our residents and staff.

GUEST FEES: Remember/ ALL GUESTS MUST PAY the cost of using the gym which is \$5.00 per person each visit. Residents must accompany their guest, NO EXCEPTIONS!

CLUBHOUSE NORTH HOURS: 6AM – 7PM – Daily

Gym – 6:00 AM – 7:00 PM

Indoor pool – 9:00 AM – 7:00 PM

Laundry Room: 24/7

You cannot use the indoor pool until staff is on duty...



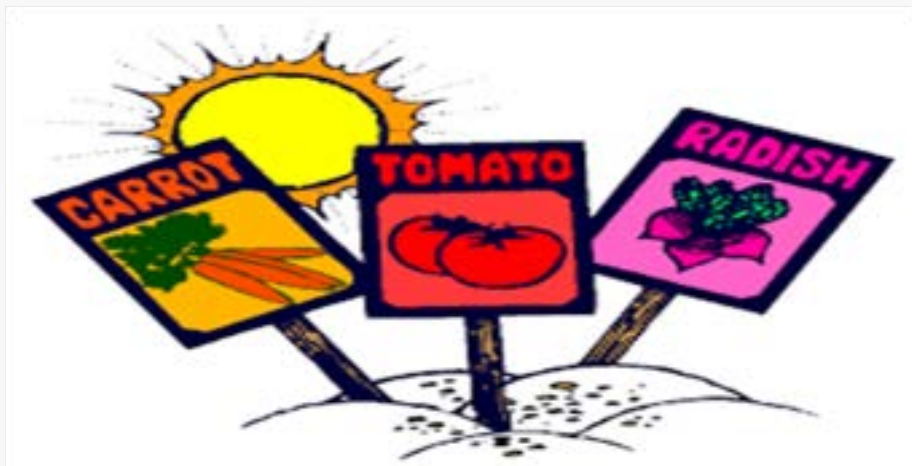
COMMUNITY GARDEN

It has been brought to our attention that someone is watering other peoples garden plots. Please only water your garden plot.

Guidelines for the Community Garden:

- 1. NO PETS ALLOWED IN GARDEN AREA**
- 2. SITES MUST BE MONITERED DAILY, KEPT FREE OF WEEDS, MANICURED TO STAY WITHIN YOUR NUMBERED SITE.**
- 3. WHATEVER YOU BRING EACH DAY TO WORK ON YOUR SITE, NEEDS TO BE TAKEN HOME EACH DAY.**
- 4. NO CHICKEN WIRE/CLEAR NETTING IS ALLOWED.**
- 5. EVERYONE IS RESPONSIBLE FOR THEIR OWN SITES. PLEASE USE THE BUDDY SYSTEM IF YOU ARE UNABLE TO BE THERE DAILY.**
- 6. PLEASE BE AWARE SHOULD YOU BE USING ANY FERTILIZERS OR PESTISIDES, SPRAYS, ETC. TO NOT ALLOW THEM OUT OF YOUR SITE.**
- 7.NO SMOKING.**
- 8.NO SPLITERS OR TIMERS ALLOWED.**
- 9. Please make sure that you are planting in your designated site, if you don't remember your site number call the office before planting.**

EVERYONE MAY ENJOY THE BEAUTY OF THE GARDEN!!! PLEASE DO NOT TOUCH, OR TAKE ANYTHING GROWING WITHOUT PERMISSION OF THE GARDENER!!!



TRAILS WEST POOL/SPA

RULES & INSTRUCTIONS

Outdoor Pool Hours- 9am to 9:45pm daily except Thursday morning – pool area opens at 12 (Noon)

ATTENTION: There is NO smoking in the pool and/or the spa or the gazebo area at any time! For all smokers' convenience, and with thorough thought in place, the stand up ashtrays have been moved to the "Party Pavilion" where there is shade and a breeze and tables and chairs! Please utilize this area when you wish to be in the wonderful pool/spa area and are going to be smoking. Your cooperation is greatly appreciated. Thank you, Trails West management

Emergency shut-off in pool area: When anyone hears the alarm going off in the pool/spa area it is very important that the shut-off button is used immediately. The reason you want to use the button is because this shuts down the pumps that circulate the water into and out of the pool/spa. The reason behind the alarm is in case someone or something is stuck to one of the drains. The shut off button has been relocated and is now on the end of the building near the pool.

IT IS THE RED BUTTON.

Please be sure to use it if necessary. You could be saving a life! As mentioned above, it shuts the entire system down. If you press it – just to press it, you shut the pool down, heater, pump and all! Only use this switch in case of an emergency.

POOL RULES: It's that time of year again for the friendly reminder on the pool rules. Should you have visitors, please remember that you need to be with them at all times. If you have anyone under the age of 18, you may only use the pool during the hours of 11:am to 1:pm and from 4:pm to 6:pm. **NO DIAPERED BABIES OR UN-TOILET TRAINED CHILDREN ARE ALLOWED TO USE THE POOL. SWIM DIAPERS ARE NOT ALLOWED.** Should you have small children that are diapered or not toilet trained, you could bring a small plastic pool and fill up on the grassy area for them to play in and still be part of the action!! No one under the age of 18 is allowed to be in the spa. Please be respectful of all your neighbors. The pool area is wonderful and used heavily. Please follow the rules. Rain, debris, body oils keep the filters working overtime. It is important to shower before entering the pool. Sun block, body oils, lotions lessen the effectiveness of the circulation in the pool.

The temperature of the pool is set to be an average mean of 84 degrees to 86 degrees which is for the majority of the people. It cannot be manipulated for individual usage.

NO PETS ALLOWED IN THE POOL AREA!!!



June Birthdays



Ron Humphrey	6/1	Terri DePiazza	6/15
Sue Becker	6/1	Rohan Wijeyesinghe	6/15
Mariamme Talamonti	6/1	Margaret Melnick	6/16
Mary Wilson	6/3	Ray Wooten	6/16
Don McLaughlin	6/4	Cathy Roberts	6/18
Eric Hays-Strom	6/5	Diane Pollock	6/17
Judy Tofte	6/5	Susan Abbott	6/18
Barbara Pugh	6/6	Jeff Lambert	6/20
Elkie Wunderlich	6/7	David Johnson	6/22
Mark Hartshorne	6/8	Michael Roberts	6/22
Michelle Clark	6/8	Tiffany Clouser	6/23
Tony Fassi	6/8	Lisa Galassini	6/23
Stella Palm	6/8	Margie Danakili	6/27
Kathy Loerwald	6/9	Rosalyn Stolee	6/27
Rudy Plasencio	6/9	John Schmidt	6/27
Rod Caldwell	6/10	Brigitte Henne	6/28
Patricia Conway	6/11	Joel Nylan	6/28
Jeyarany Wijeyesinghe	6/11	Mike Deckman	6/28
Chris Fassi	6/13	Mary Ann Collins	6/28
Martha Poteet	6/14	Cliff Roberts	6/28
Joe Meeseey	6/14	Ginger Baker	6/30

**Happy
Birthday**

Welcome Newcomers to Trails West!

Robert Francis 213 Happy Trails North

Jeff & Nancy Strait 408 Easy Living Drive

Thomas & Fran Jenny has moved : 228 Happy Trails North

Correction:

Patty Cain 055 Happy Trails Drive

Trails West Residents

ATTENTION: 911 EMERGENCY MAY ALWAYS BE CALLED FROM THE PAYPHONE IN THE CLUBHOUSE.

RESIDENTS GOING AWAY FOR THE DAY, PLEASE DON'T PARK BY THE ENTRANCE OF THE CLUBHOUSE!! THERE IS PLENTY OF PARKING AROUND THE CLUBHOUSE WITHOUT BEING AT THE DOORWAYS.

TRAVELING FORMS: It's highly recommended by the Trails West Management that you turn in a "Traveling Form" when you will be out of town. The forms are at the end of the counter in the clubhouse at all times and you will also find mail hold cards should you need them!

If you have solicitors' knocking on your door please call the Office @ 575-524-9226 during office hours or Ruben @ 575-639-3566, or Ruben Jr. 575-639-3569 so they can be escorted off the property.

Library: When you return books, donate books, or are just looking and it is difficult to reshelv, please place books in the basket by the fireplace.

TELEPHONE DIRECTORIES: The new directory is available for pick up and the main office.

Resident Phone Calls: During the COVID pandemic we have implemented an old tradition of calling our folks in the park to make sure all is well. It is important that you call us back to let us know that you are doing OK. Also it is your choice if you want us to continue to call. If you don't, just let us know when we call you and we will take you off the call list. Thank you, Management

The Flags! The Flags! Where are you from? It's time to put up your flag from where you hail! We have new flags, and new pens to put your number on them with! Where were you born? Where did you go to school? Where did you raise your family? Or maybe, where did you come from before joining Trails West? Let's fill up the map once again with who and where!! Come into the office and get a new flag for the map!

OUTSIDE VISITORS AND CHILDREN VISITING: Trails West guidelines state: Guest staying 72 hours or longer must be registered at the management office to obtain guest identification, and guests can bring their pets, but they must follow the same rules as residents. Also management has noticed that some children are not being accompanied by the resident, and have been playing on golf carts and bikes. PLEASE, DON'T ALLOW THIS; THIS IS AN ACCIDENT WAITING TO HAPPEN... All visitors MUST be accompanied by the resident that they are here to visit while in the community. Questions? Please come to the Trails West Office. Management

RESERVATIONS:

Be advised the only room that can be reserved in the main Clubhouse is the ballroom, and in Clubhouse North is the conference room. But all reservations are made at the main clubhouse.

PLEASE REMEMBER ANY TIME YOU ARE GOING TO HOSTING A FUNCTION IN THE MAIN ROOM OF THE CLUBHOUSE THAT INCLUDES PEOPLE COMING FROM OUTSIDE TRAILS WEST COMMUNITY, YOU MUST HAVE A "WATCHER" IN PLACE TO MAKE SURE FOLKS ARE GOING TO THE MAIN ROOM AND NOT OTHER ROOMS. SHOULD YOU NOT HAVE A "WATCHER" IN PLACE DURING YOUR FUNCTION; THE HOST(S) FOR THE EVENT WILL BE HELD RESPONSIBLE FOR ANY DAMAGE OR THEFT DONE IN OTHER ROOMS. Management

ATTENTION: EACH AND EVERY GROUP MUST CLEAN UP AFTER THEMSELVES! ONCE THE ROOM IS BACK IN ORDER, BE SURE TO TAKE OUT THE GARBAGE. THAT IS THE LAST CLEANUP ITEM EACH GROUP NEEDS TO DO BEFORE THE NEXT PEOPLE COME IN..

IT'S ALL ABOUT SANITATION!!



PERMISSION NEEDED:

Please be advised and share with your neighbors – ANY changes to the outside of your home, including additional plantings or removal MUST be approved by Ruben and Leigh with input from the owners of Trails West. You must have a written approval for the changes you wish to make. Please bring in your changes in writing for approval. This is due to folks taking upon themselves to make changes that have not been approved. The owners of Trails West want all residents to know that they are not trying to be restrictive though Trails West was created with an open concept.

SAFETY:

HOW ABOUT A BUDDY SYSTEM? Please think about your neighbors, especially those that are alone! Figure out a buddy system to let each other know that all is ok each day!!! It could be as simple as a light on or off. In Trails West there isn't anyone who isn't a neighbor!!

EMERGENCY CONTACT FORMS: Once again we need to make sure that every resident has filled out the emergency contact form. Please come by the office and update your information or pick one up. It is very important that we have these on file. Thank you

LET'S BE SAFE!! Should someone fall, you should always call 911. Someone may say they don't need 911 though the only ones who can say that IS 911!! So, you will find that management of Trails West as well as the Trails West crew will always call 911. Neighbors should do the same as the 911 crew are the only ones who can say whether you need to go to the hospital, doctor or just go home and rest!!! Management

TRAILS WEST ACTIVITY FUND

Date	Transaction	Deposits	Withdrawal	Fund Balance
3/31/2023	Ending Balance			\$ 2,824.05
4/30/2023	Ending Balance			\$ 2,824.05
5/8/2023	F. Jenny - Hand & Foot		\$44.66	
5/15/2023	Art Class - Lieurance	\$100.00		
5/22/2023	Current Balance			\$2,879.39

Note: I will continue to maintain the account and will still accept cans. If you cannot crush them please rinse them out You can also drop them behind the recycling dumpster wall.



Public Services:

U.S. MAIL SERVICE: DO NOT INTERFERE WITH THE POSTAL EMPLOYEES WHEN THEY ARE BOXING THE MAIL. IF YOU DON'T HEED THE WARNINGS AND HAVE FUTURE VIOLATIONS – IT COULD RESULT IN HAVING YOU TO GET A POST OFFICE BOX ELSEWHERE. If you are ready to pick up your mail and the mail person has not finished, please **DO NOT PARK ON THE STREET OR NEAR THE P.O. BOXES!!!**. Any other questions or concerns please contact the office.

ATTENTION: We have limited parcel lockers and need you to check your mail daily, if you are expecting packages from Amazon, etc.

PLEASE MAKE SURE YOU DON'T PUT YOUR MAIL IN THE RENTAL DROP BOX, the drop box is not checked daily, so putting your mail in it can delay your mail by days. Thank you, Management.

It is illegal to post or affix **ANYTHING** to the US postal boxes.

It is also not allowed to affix letters, notes, fliers, etc. to the benches throughout the community. There are bulletin boards at the main clubhouse. (one for community information and one for Las Cruces information), please post there. We also have the Trivia for any information that is regarding upcoming activities in the community. The cut off for the Trivia is the 22nd of the month prior. We also have the public and private Facebook page/group to post information.

DIRTY WATER: Las Cruces Utilities provides the water, wastewater and solid waste removal to Trails West. So, when you experience dirty water coming into your home, you need to inform the City of Las Cruces right away while running your water in the home until clear. The City of Las Cruces needs to hear directly from the person(s) being affected. Not every home at the same time gets this problem. This helps the City of Las Cruces to locate where an issue needs to be addressed. Trails West is on the City of Las Cruces water system and dirty water can stem from anywhere in the City of Las Cruces which might have a break in their lines. Once they repair a line, when they re-attach the lines friction from the water breaks loose minerals that have built up and pushes them down the line. Please call the City of Las Cruces any time you have dirty water problem at (575) 526-0500. Trails West may pay for your water though the City of Las Cruces is the source of water and they don't know there is an issue, they cannot help to correct the problem. The City of Las Cruces does not want to hear from Trails West, they **NEED** to hear from the affected party. **PLEASE NOTE:** Water leaks are not a city emergency that is a Trails West issue. So call the office for a work order or after hours call Ruben at (575)639-3566. Management

WILDLIFE AND FERAL CATS phone #'s:

Feral Cats - DAC- Animal Control # 575-528-4100 or 575-526-0795

Injured or Dead foxes - NM Game and Fish # 575-532-2100,

Skunks - USDA Wildlife Service's # 575-527-6980.



Foxes in the community: The foxes are an asset to have in our community; they help to control the number of “varmints” throughout the park. While many people think that live-trapping animals and taking them somewhere else, where they will live happily ever after is an ideal solution for all involved, this isn’t actually what happens. More than 70% of relocated foxes die soon after relocation due to stress, starvation, and dehydration. If you are having fox problems, please call the office. Please note; we do not want to relocate them, as they are a true asset. Also please be aware that if you are poisoning mice and rats, the foxes are eating them, which in turn causes the foxes to be poisoned and die too. Thank you, Staff

RECYCLE BINS (Blue Containers): We all need to be considerate of everyone in Trails West that is recycling. Please break-down your boxes before placing them in the recycle bin, by breaking them down allows everything to sift and creates more space, also perhaps if you see someone not breaking them down or having troubles, jump in and lend a hand. Also make sure that only recycle products are deposited in the bin. Thank you Trails West Management. If you need help breaking down boxes for the recycle bin Tom Elkin is willing to assist.
Recyclable Materials: Paper Products: Office paper & envelopes, newspaper & inserts, Telephone books, junk mail (please open), shredded paper, brown paper bags, magazines, catalogs.

Corrugated cardboard, BROKEN DOWN (NO PIZZA BOXES)!

Chipboard: (cereal boxes, tissue boxes, etc.)

Metal: Steel/tin cans (food cans), Aluminum beverage cans – Please rinse out and donate to the Trails West Activity Fund.

Plastic: #1 - #7 plastic containers ONLY, NO GROCERY BAGS

THINGS THAT DON'T BELONG IN RECYCLE BINS ARE: Glass, Styrofoam, plastic grocery bags, food contaminated items, NO HOUSE HOLD TRASH, clothing, yard waste, batteries, or engine fluids, household appliances. City of Las Cruces recycles division

Pets & Dog Parks:

ATTENTION PET OWNERS: It is very important that the office has pictures and vaccine records for your pets. Please contact the office to make sure that these documents are on file. If you just want to update pet pictures, Please email them to Leigh at trailswest@totacc.com or bring 2 copies of pictures to the office.

PETS: There is the common area with grass and pooper scoopers available by the front entrance and pet stations in place! Do not allow your pet to use other residents' yards. Residents who are having a problem with others letting their pets use their yard for a bathroom, Ruben recommends using Animal Repellant around the perimeter of the yard. This product helps to tell the pet this is not a bathroom and will not hurt the pet either. The animal repellent encourages pets to go elsewhere to do their business. All pets must be leashed and may not be left unattended outside. Please remember that pets are NOT allowed in the fenced area around the pool, or around the Bocce Ball, Pickle Ball courts, or the community garden.. Please do NOT walk your pets in these areas!! Management

Dog Parks at Clubhouse North: If your dog is a digger, then YOU the owner of your pet MUST bury the holes, this is a safety hazard for everyone using the dog parks. Also excessive barking while at the dog park is a problem, we get the first hellos, but if your dog continues to bark they need to be corrected or taken home.

PLEASE KEEP YOUR PUPPY'S PAW'S SAFE!!!!



When the air temperature is this, asphalt has been measured at this.*

Air Temperature	Asphalt Temperature
77°	125°
86°	135°
87°	143°

*These temperature correlations represent worst scenario variables: direct sun, no wind, very low humidity, and high radiant energy.

At 125° F, skin destruction can occur in 60 seconds.
An egg can fry in 5 minutes at 131° F.



Data Source: Berens J. Thermal contact burns from streets and highways. Journal of the American Medical Association, 214 (11): 2025-2027.

Kindness & Courteously:

Here in Trails West we need to be courteous to each other, we have had some complaints about people running into the neighbors carports and landscaping. All we ask is that if you do damage to your neighbors property to let that person know what happened, also when it is windy please tie up your wind chimes. Thank you!

Please do NOT be complacent. We are a gated community however, there are still numerous strangers working and driving through our community. It is a good idea to keep everything under lock and key. We have a beautiful community and this could make us a target for thieves.

Traffic & Gates:

THE SPEED LIMIT IS: THE SPEED LIMIT IN TRAILS WEST IS 15 MPH! Please observe the posted speed limit and advise your visitors and workers.

DO NOT ATTEMPT TO PASS VEHICLES AT THE GATE HOUSE, HAVE PATIENCE!!! The greeters are doing their best to keep us safe, keep traffic moving, give out information quickly, and be aware of the people who are entering our community. Residents, please make sure you have a window sticker, PLEASE don't just drive through...

PARKING: Remember on-street parking is not allowed at night! Do not leave your vehicle on the street overnight. If you have company and need more room to park, you're welcome to park at the clubhouse for a short time period. REMINDER- RV'S are allowed to park by your house to load and unload during day light hours. NO driveway may be blocked at any time. Overnight parking of travel trailers, motor homes, trucks, commercial vehicles may be permitted to park at the clubhouse with prior management approval not to exceed two (2) nights, with a parking pass.

Bike Riders: Please remember that bikes have to obey the same laws as a vehicle. Stop at stop signs, watch where you're going. Safety First!!!

Bikers and Walkers: When you are riding your bike behind a walker, please move to the other side of the street, or ring your bike bell to let them know that you are behind them.. We need to be courteous to our residents that can't hear you coming up behind them. It can be quite startling for them. Thank you!!3-Wheel bikes need to stop going in between the speed bumps! This causes the back wheels on the bike to be unlevel, and folks have dumped the bikes and themselves in the middle of the street. So please either go over the speed bump, or try to avoid the speed bumps via the sidewalk.

GATES: Any gate issues need to be reported ASAP! Issues being: gate tag not working, wrong listing at the gate key pad, right listing at the gate key pad but not ringing your phone, etc. When you report an issue; we must have date, time, which gate, what the issue was! We have been given a time frame to report such issues to security, Monday – Thursday 2:00 pm cut off, Friday 12:00(noon) cut off. If not reported in by said times, the issue will remain until the following morning during the week, and Monday morning for Friday afternoons and weekend issues.

HELPFUL TIPS:

- 1) Do not place over the door hooks, shoe racks, mirrors, and organizers on your interior doors, sometimes this causes the door to be hard to open and we can get locked in.
- 2) While you are away on vacation, it is a good idea to have the water shut off to your house. Please call or come to the office to put in a work order Then just call us before you get home and we can have the water back on by the time you get home. Please be aware Trails West crew is not available on weekends.

Office Services:

OFFICE SERVICES – For Trails West residents- We offer services that may be of use: **FAXING** – we will send faxes for you, as well as receive faxes for you; the cost is \$1.00 for first 5 pages. Also we make black and white **COPIES** - for 10 cents each. **WE DON'T HAVE CHANGE – SO SMALL BILLS PLEASE OR EXACT CHANGE!!!**

Main Clubhouse bulletin board – Items for sale: If you are going to post an item for sale, you must post on nothing bigger than a 3X5 index card, it must be a resident, with your phone number and the date posted, once items are sold please remove your listing. If items are posted on a bigger sheet of paper they will be removed and disposed of. If items have been on the board for longer than 2 months, it will be removed and disposed of. Thank you, Management



Landscapes & Work Orders:

Outside companies, workers, etc: When you hire someone to work in your yard or in your home, part of what you pay for when you receive the service is disposal. Many residents have reported finding debris from jobs at the dumpsters when it should have been hauled away by the person doing the work. Please make sure anyone you hire hauls away any trash, debris left from the job, out of the park. Also, please keep your sidewalks clean and clear of debris, this is an extension of your landscaping. Also please inform your neighbors that you are having work done, and instruct your workers not to go into other resident's yards. Thank you, Ruben

ATTENTION: Please DO NOT allow anyone to work on the drip lines, except the Trails West Crew. If you have an issue, please call or come to the office to put in a work order. All work orders go on a schedule to be completed. However if it is an emergency; call the office as soon as possible.

DO NOT BLOW YOUR LEAVES TO THE STREET – IF YOU MUST, PLEASE SWEEP THEM UP AND BAG THEM SO THEY DO NOT BLOW INTO YOUR NEIGHBORS YARD. RUBEN RECOMMENDS BLOWING THEM TO THE BACK OF YOUR HOME AND THEN BAGGING THEM FOR PICKUP ON THURSDAYS. THANK YOU AND YOUR NEIGHBORS THANK YOU AS WELL!!

YARD DEBRIS: Please remember that the Trails West maintenance crew picks up yard debris every Thursday afternoon. They do not pick up regular trash which needs to be disposed into the trash dumpster for regular pickup by the City of Las Cruces.

WORK ORDERS: Please don't stop the Trails West crews for concerns or issues about your yards. All work orders must be turned in at the main office. Clubhouse North staff will not take any work orders and writing work orders in the concerns and comments page is not a work order and will not be taken care of. So call the main office and have a work order filled out. Thank you!

PLEASE PLACE UNWANTED ITEMS INTO DUMPSTERS, IF THEY DON'T FIT PLEASE TAKE TO THE DUMP! Located at 2865 W. Amador Ave.



What Makes a Dad?

"God took the strength of a mountain,
The majesty of a tree,
The warmth of a summer sun,
The calm of a quiet sea...
The patience of eternity,
The depth of a family need,
Then God combined these qualities,
When there was nothing more to add,
He knew His masterpiece was complete,
And so, He called it ... Dad."

—Unknown Author



Tips from Ruben

Many requests have been made for a list of plants, trees and shrubs that do well in Trails West. Following is a list of the plants that have success in the community:

Trees: Red Oak Live Oak
Chinese Pistachio Mesquite
Bradford Pear Flowering Crab
Chinese Tallo Red Bud
Ash Palo Verde
Catalpa Italian Cypress
Pines Bubba Willow

Shrubs: Indian Hawthorne Photina
Nandina Roses
Purple Sage Green Cloud Sage
Pittisporum Forsythia
Spirea Lilac
Pyracantha Carolina Jasmine
Juniper

Flowering Plants: Verbena Cherry Sage
Lantana Mexican Sage
Bird of Paradise Barrel Cactus Red Yuccas Agave
Ocotillo Sotol
Soft leaf yucca

When you use the outside water spigot, or the hose bib on your home to water your landscaping, wash your car (or RV which is not allowed), clean off your driveway or sidewalk that you are using domestic metered water? What that means is that water is not only charged by the gallon for usage but it is also metered for wastewater charges. Wastewater charges are larger than water charges. These charges have an affect on your annual rent increases. By lowering usage it takes some pressure off these increases. Water expenses are one of the largest single expenses of Trails West monthly. The landscaping is on a meter the city considers water only. No waste water is charged to this meter. It is much cheaper! If you believe there is stressed vegetation within your landscaping, please call the office and a work order will be issued for the Trails West crew to check to make sure it is working properly and that the landscaping at your home is receiving enough water to maintain the beauty!

Ruben does NOT conduct business at his home. You have no reason to go to Ruben's home and talk to him about watering issues!! Call the office and have a work order put in place.

Weekly Schedule of Events

SUNDAY

Jam Session – Cactus Picking Jammers	2:00pm to 4:00pm 1st and 3rd Sundays
Scrabble	2:00 pm 1st and 3rd Sundays
Bingo	2:30 pm 2nd & 4th Sundays
(Card Sales starting at 2:15pm)	

MONDAY

Bocce Ball	9:00 am - weather permitting
Chair Yoga	9:00 am – Main room
Outdoor Water Aerobics	10:00 am - outdoor pool
Water Aerobics	10:00 am – indoor pool
Pool School	1:00 pm – Billiards room
Hand and Foot	1:00 pm to 3:00 pm – Game room
BUNCO	6:00 pm –1st, 2nd & 3rd Mondays - Game Room

TUESDAY

Water Aerobics #2	9:00 am – indoor pool
Bocce Ball	9:00 am - weather permitting
Art Classes	10:00 to NOON – Main room
Learn to Paint from Photos	1:00 pm to 3:00pm Main room
Mah Jongg	1:00 pm – Game room
Pinochle	1:00 pm – Game room
Texas Hold-em	5:30 pm – Game room

WEDNESDAY

Bocce Ball	9:00 am - weather permitting
Chair Yoga	9:00 am – Main room
Outdoor Water Aerobics	10:00 am - outdoor pool
Sew Friends	10:00 am to 3:30pm - Main room
Water Aerobics	10:00 am – indoor pool
500/Hearts	12:30 pm – Game room
Single Deck Pinochle	1:00 pm – Game room
Pinochle	1:00 pm - Game room
Scrabble	1:00 pm – Game room



MAIN ROOM REMINDER: ALL groups that use the main room for their functions, Please empty the trash cans and deliver to the dumpster.

Weekly Schedule of Events

THURSDAY

Water Aerobics #2	9:00 am – indoor pool
Bocce Ball	9:00 am - weather permitting
TOPS	10:00 am – Main room
Party Bridge	1:00 pm – Game room
Pinochle	1:00 pm – Game room
Double Deck Pinochle	1:00 pm – Game room
Girls' Night Out	5:00 pm 1st Thursday

FRIDAY

Ceramics, Crafts, and Coffee	9:00 am to 11:00pm Friday morning.
Bocce Ball	9:00 am - weather permitting
Outdoor Water Aerobics	10:00 am - outdoor pool
Water Aerobics	10:00 am – indoor pool
Pool School	1:00 pm – Billiards room
Poker	5:30 pm - Game room
Hand and Foot	6:00 pm - Game room

SATURDAY

Welcome Coffee	9:00 am - 2nd Saturday
Water Aerobics #2	9:00 am – indoor pool
Reserved	2:30 pm to 6:00 pm 2nd Saturday
Karaoke	6:00 pm to 8:30 pm 2nd Saturday
Mexican Train Dominos	6:00 pm – Game room
Snacks & Crafts	6:00 pm to 8:00 pm every last Saturday

Welcome Coffee is the 2nd Saturday of every month at 9:00am

Potluck is the 20th of every month at 5:30pm

Should you wish to reserve the clubhouse, please fill out a “Proposed” reservation form. Please use these two “Permanently Scheduled” pages to check availability. Once you have done that, the office will check for individual reservations in place!

PLEASE NOTE: Sometimes the days & times will differ from the permanent schedule – So please refer to the article in the news letter for changes.

June 2023

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

1 2 3

4 5 6 7 8 9 10

Cannabis
Class
3:30 pm

Reserved
1:00pm to
9:25pm

Welcome
Coffee
9:00 am

11 12 13 14 15 16 17

Mosquito
Squad

Flag
Day

18 19 20 21 22 23 24

Father's
Day

Juneteenth

POTLUCK
5:30 PM

Summer
Begins

25 26 27 28 29 30



(575) 524-9226



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Live Life to the Fullest
Trails West Senior
Community